2:Gough E-4, 5 (1947-1949)1961 AWll Kerala AWll
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castes, or receive customary help from their enangar at life-crisis ceremonies. If the ostracism was not effected it was believed that the whole neighborhood would fall into disfavor with the caste goddess and might become prey to epidemic or crop failure.

The point on which I am uncertain is whether the lineage as a whole was ostracized, or whether other branches of the lineage normally retained their caste status by severing their own connections with the offender's property group. The latter actually occurred in a case in Cochin in 1924. A Sudra Nayar woman had sex relations with a man of the caste of Nayar funeral priests. Shortly after the assembly met, the other houses of her lineage repudiated all connection with the offender's household, which alone remained ostracized for a year. The woman and her lover then fled to Malaya. The household paid its fine and was reaccepted to caste. I do not know whether it was possible under native rule for a lineage to repudiate its responsibilities in this way.

Minor offenses, such as dining with low-caste people, were settled by the offender's property group paying a fine to the village temple. The offender and his household were purified from their pollution by certain ritual acts. They then gave a feast to their enanger at which they were publicly reaccepted to caste. Traditionally, graver offenses (such as the one above) met harsher penalties. The caste's judgment on such an offense traditionally had to be ratified by the district chief or by a royal officer. The offender was then either executed by his immediate matrilineal kin or surrendered to the king for sale into slavery. His household members performed his funeral rites and only then were they taken back into caste.

Whether or not the lineage as a whole was held collectively responsible for offenses against the religious law of the caste, it was not held responsible for civil wrongs judged by the village headman or for crimes judged by the chief or by officers of the royal court. The property group, headed by its kāranavan, and not the whole lineage, was responsible in cases of theft, debt, or other offenses concerning property which were judged by the village headman. With regard to a major crime, a Nayar who murdered another was tried in the court of the king or of a higher chief. If the murdered man was of the same or a higher caste than the murderer, the murderer was executed by a small group of Nayars selected by the judge. If the murdered man was of lower caste, the murderer's property group had to pay a fine to the district chief. Again, if a Nayar of any rank committed treason

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individual basis, but this money seems only to have sufficed for their food and other necessities while on the march or on service in towns. When they were at home in their villages their kāranavan assumed responsibility for each man's customary gifts to his wives in other households.

Within his own household the kāranavan personally allocated their subsistence to its members. Every few weeks he transferred quantities of unhusked rice, vegetables, and other stores from the granary to storerooms inside the house. They were then usually taken over by the eldest woman, who kept keys to the storerooms and chests and allocated daily supplies to the kitchen. In property groups with more than one homestead the kāranavan delivered quantities of paddy, salt, and coconut oil twice annually to each house according to the number of its members. Each house sent a person daily to the ancestral house to bring fresh vegetables, milk, buttermilk, and other perishable foods. In all taravāds the kāranavan controlled purchases from the town. Twice a year—at New Year and at the harvest festival—he distributed clothing to both male and female members.

Virtuous kāranavans were those who managed the daily affairs of the taravād with thrift, justice, and meticulous care, but who, through judicious planning, were able to lavish grand feasts upon caste members, tenants, village servants, and serfs at the major life-crisis rites. An aged kāranavan would enumerate with satisfaction the various feasts at funerals, tāli rites, and first-menstruation ceremonies which he had satisfactorily conducted. Each of the servant castes contributed appropriate goods or services in advance of these feasts, and each Nayar house reciprocated the hospitality when its own life-crisis rites came round. Besides reaffirming in a ceremonial manner the different types of ties between Nayars and between Nayars and the lower castes, the life-crisis ceremonies seem to have stimulated production and provided suitable foci for acts of economic redistribution and reciprocity.

The amounts of time spent by junior men of the taravād on different activities are no longer clearly known. We know however that at the age of seven a boy was inducted into military training in the village gymnasium; this training persists in a few villages, and includes fencing, wrestling, rigorous exercise, and very strenuous massage. Traditionally, Nayars also learned archery from a special caste of village servants (Vil Kurups). For a part of their time they attended a village school run by yet another caste of schoolteachers (Eruttacchans); almost all adult Nayar men and most women were literate

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582 favored wife, and that such a man might well arrange for a nephew's first sambandham relationship to be with a daughter of this wife. It seems probable also that such deliberately arranged matrilateral cross-cousin marriages increased in popularity in the nineteenth century, as plural marriages gradually gave place to monogamy. My [178] data suggest also that deliberately arranged patrilateral cross-cousin marriages may have become more popular in the late nineteenth century, as fathers became instrumental in maintaining and educating their sons.[10]

AFFINITY

602 592 The members of ego's father's household had less significance to him in their interpersonal relationships than as affines or *bandhukkar* (singular, *bandhu*) of his household as a whole. The bandhus or "joined ones" of a household were acquired through the sambandham relationship. They comprised the current spouses of the property group's members, together with the households from which these people came. *Bandham* (affinity) had no practical significance beyond this range.

602 [576] Because of the transience of particular marriages, affinal relationships, like those with patrilateral kin, were a matter of etiquette rather than of rights and obligations. Affines of the same caste might visit [574] each other informally and must be received with hospitality. It was also common to invite to the feasts of life-crisis rites the actual spouses of the dwelling group and any close matrilineal kin they might wish to bring with them. Affines, however, had no ceremonial obligations on these occasions and were not under the same categorical obligation to attend as were the representatives of enangar households.

602 576 Politeness—masking a greater or lesser degree of covert hostility—characterized affinal relationships in general. A man treated his wife's male elders of senior generations with respect, and stood in their presence unless invited to eat with them. They welcomed him with cordial gravity and with the respect due to his caste status if he were a man of higher caste.

[10] Both types of cross-cousin marriage have however decreased in frequency as a result of the urbanization and mobility of the past thirty years. In one Cochin village in 1949, 7 per cent of living Nayar women had married the father's own or classificatory maternal nephew; less than 2 per cent had married the own or classificatory mother's brother's son. Taking the women of six lineages over five generations, 14 per cent of marriages were to the father's own or classificatory nephew; 9 per cent to the own or classificatory uncle's son. In Walluvanad, of the women of nine lineages over five generations, 11 per cent had married the father's own or classificatory nephew; about 5 per cent, the own or classificatory uncle's son. Patrilateral cross-cousin marriage is of course impossible in hypergamous unions.

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835 At least during this century, moreover, cases have very occasionally occurred in which a Nayar cohabited both with his wife and with their daughter by the marriage or with his wife and her younger sister. Such affairs are viewed with disgust as evidence of extreme ill-breeding, but they do not merit excommunication or exclusion from public ceremonies, nor are the offenders expected to fall ill through supernatural vengeance. The reason appears to be that traditionally only matrilineal kinsfolk were regarded as kin in the true sense. Incest prohibitions outside this range were apparently a matter of propriety rather than of religious law.

604 A man's wife's sisters' children, like his own children, had an amicable relationship with him of mingled respect and playfulness. [588] After their tāli rite, however, girls were forbidden to touch their [895] "fathers," own or classificatory, and relationships with these men tended to become more grave.

Brothers-in-law had informal relationships. A man would defer to 607 his wife's much older brother and expect some respect from his wife's much younger brother. Brothers-in-law of similar age had a mild joking relationship. They might chew betel leaves, loll, yarn, and gossip together. A man's sisters' husbands sometimes acted as go-betweens in arranging his first sambandham and accompanied him to [578] the house of his wife. But the surface amicability of brothers-in-law often hid very deep hostility related to conflicting claims upon the woman who linked them. This might break out in quarrels or end in mutual avoidance. The wife's brother was also often instrumental in having a man dismissed from the conjugal house.

602 A woman's contacts with her husband's kin were obviously less ● 574 regular than those of a man. A woman never went to her husband's taravād to visit him for personal reasons but only to pay polite social calls on his kinswomen. When a man or girl began their first sambandham the man's mother and sisters customarily went to bring home his wife a few days after the husband's first visit. Often the wife's sisters would accompany her. They were given a small feast in private and the husband's mother might make a gift of jewelry to the girl before she returned home on the third or fourth day. Thereafter the frequency of feminine visits between the two households depended on the stability of the marriage, the proximity of the houses, and the personal feelings between the members. Neither husband nor wife did any tasks at all in each other's homes. Each remained always an outsider to whom polite behavior was due. Because of incest prohibitions a woman paid extreme respect to her husband's elder matrilineal kinsmen they avoided her except on ceremonial occasions.

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574 taravād. A woman might also visit for several weeks each year.
[593] Brother and younger sister, like a man and his sister's daughter, ob-
[604] served rules of partial avoidance—associated with incest prohibitions—during their periods of co-residence.

591 Sisters were always separated upon marriage, for the Nayars of
582 this area, unlike those to the south, forbade the marriage of two brothers to two sisters. They say that such marriages would endanger the unity of the brothers' taravād by introducing into it too strong a
613 contingent from another lineage (Gough, 1952). Sisters were together,
591 however, during childhood in their father's house, and were often
[593] reunited in old age when they went back to the taravād. Although they might seldom have stayed there during childhood and early
[763] youth, women seem usually to have died in their matrilineal an-
[586] cestral homes. A woman was often widowed in old age. Alternatively she might elect to leave her husband and return to her taravād and
[764] sons when her period of childbearing was ended. In any case a woman's body had to be cremated and her funeral rites performed in the garden of her taravād house.

Women in avunculocal residence were partly maintained by their
[431] husbands' taravāds in return for domestic services. Nevertheless, important distributive ties persisted between them and their matrilineal kinsmen. Usually their kāranavan sent quantities of grain and clothing to them and their children twice annually after the harvests as part of their maintenance.

585 MARRIAGE

[582] Following the tāli rite, a girl entered into a marriage relationship (sambandham) with one man at about the age of eleven. The father's sister's son, if of suitable age, was considered the rightful claimant.
[686] If the girl did not marry him her kāranavan must pay a token fine to him at the marriage ceremony. The giving of the cloth by the husband which marked the start of a sambandham was carried out with ceremony in the girl's ancestral house and was the occasion for a large feast to relatives of both parties. After the marriage had been consummated in the girl's house the couple were ceremonially conducted to the bridegroom's taravād and the girl was formally received into it by her husband's mother and his kāranavan's wife.

[684] While a marriage endured the husband had exclusive rights in his
[848] wife's sexuality. If he detected her in adultery he might by custom kill her lover, cut off the hair of his wife, and send her home after divorce. A woman was not, however, excommunicated from caste

6:Fawcett G-5 (ca. 1900)1915
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[787] along with those of the boys of her Enangan (a recognised member of one's own clan) families, and the boy whose horoscope is found to agree with hers, is marked out as a fit person to tie the tâli, and a day is fixed for the tâli-tying ceremony by the astrologer, and information given to the Káranavan of the boy's family. On the appointed day the boy is invited to a house near that of the girl, where he is fed with his friends by the [574] head of the girl's family. The feast is called 'Ayani Unu,' and the boy is thenceforth called 'Manaválan' or 'Pillai' bridegroom. From the house in which the Manaválan is entertained, a procession is formed, preceded by men with sword and shield shouting a kind of war-cry. In the meantime a procession starts from the girl's house, with similar men and cries, and headed by a member of her taravâd, to meet the other procession, and after meeting the Manaválan, he escorts him to the girl's house. After entering the pandal erected for that purpose, he is conducted to a seat of honour and there his feet are washed by the brother of the girl, who receives a pair of cloths on the occasion. The Manaválan is then taken to the centre of the pandal where bamboo-mats, carpets, and white cloths are spread, and seated there. The brother of the girl then carries her from inside of the house, and after going round the pandal three times, places her at the left side of the Manaválan, and the father of the girl then presents a new cloth tied in a kambli to the pair, and with this new cloth (technically called 'mantravadi') they change their dress. The wife of the Káranavan of the girl's taravâd, if she be of the same caste, then decorates the girl by putting anklets, etc. The Purohita called 'Elayatu' (a low class of Brâhmans) then gives the tali to the Manaválan, and the family astrologer shouts 'Muhurtham' (auspicious hour), and the Manaválan, putting his sword on the lap, ties tali round the girl's neck, who is then required to hold an arrow and a looking-glass in her hand. In rich families a Brâhmini sings certain songs intended to bless the couple. In ordinary families who cannot procure her presence, a certain Nayâr who is versed in songs performs the office. The boy and the girl are then carried by Enangans to a decorated apartment in the inner part of the house, where they are required to remain under a sort of pollution for three days. On the fourth day they bathe in some neighbouring tank or river, holding each other's hands. After changing cloths, they come home preceded by a procession, which varies in importance according to the wealth of the girl's family. Tom-toms and elephants usually form part of the procession, and saffron water is sprinkled. When they come home the doors of the house are all shut, which the Manaválan is required to force open. He then enters the house, and takes his seat in the northern wing thereof. The aunt

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184 agree, a day is then and there fixed for the celebration of the
[787] marriage. This date is also written down on two pieces of cadjan, one of which is handed over to the bride's Kâranavan, and the other to the bridegroom's relations. The astrologer and
[574] the bridegroom's party are then feasted in the bride's house, and the former also receives presents in the shape of money or cloth; and this preliminary ceremony, which is invariably performed at all Putamuris in North Malabar, is called 'Putamuri Kurikkal,' but is unknown in South Malabar.

"Some three or four days prior to the date fixed for the celebration of the Putamuri, the bridegroom visits his Kâra-
[584] navans and elders in caste to obtain formal leave to marry. The
[613] bridegroom on such occasion presents his elders with betel and nuts, and obtains their formal sanction to the wedding. On the
[564] day appointed the bridegroom proceeds, after sunset, to the house of the bride, accompanied by a number of his friends. He goes in procession, and is received at the gate of the house by the bride's party, and is conducted with his friends to seats
[431] provided in the tekkini, or southern hall of the house. There the bridegroom distributes presents (*danam*) or money gifts to the
[574] Brahmans assembled. After this the whole party is treated to a sumptuous banquet. It is now time for the astrologer to
[787] appear, and announce the auspicious hour fixed. He does it accordingly, and receives his dues. The bridegroom is then taken by one of his friends to the *padinhatta* or principal room of the house. The bridegroom's party has, of course, brought with them a quantity of new cloths and betel leaves and nuts. The cloths are placed in the western room of the house, called padinhatta, in which all religious and other important household ceremonies are usually performed. This room will be decorated, and turned into a bed-room for the occasion. There will be placed in the room a number of lighted lamps, and *Ashtamangaliam*, which consists of eight articles symbolical of *mangaliam* or marriage. These are rice, paddy, the tender leaves of the cocoanut tree, an arrow, a looking glass, a well washed cloth, burning fire, and a small round wooden box called 'cheppu' made in a particular fashion. These will be found placed on the floor of the room aforesaid as the bridegroom enters it. The bridegroom with his groom's-man enters the room through the eastern door. The bride, dressed in rich cloth and bedecked with jewels, enters the room through the western door, accompanied by her aunt or some other elderly lady of her family. The bride stands facing east with the Ashtamangaliam and lit-up lamps in front of her. The groom's-man then hands over to the bridegroom a few pieces of new cloth, and the bridegroom puts them into the hands of the bride. This being done, the elderly lady who accompanied the bride, sprinkles rice over

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monial when copied meaninglessly, is surely food for painful reflection.

The ceremony to be described is not one of cake and wine, for the doings of people who have reached that bathos have little interest to the anthropologist, though they may have some to the *observer* of social diversions, but the genuine ceremony as done in orthodox fashion in South Malabar without modern adornment will now be described. My informant says in the first place the man should not enter into Sambandham with a woman until he is 30. Now-a-days, when change is running wild, the man is often much less. In North Malabar, which is much more conservative than the south, it was, however, my experience that Sambandham was rare before 27 on the side of the man. And now continue with the Note.* "The Kâra-navan and the women † of his household choose the bride, and communicate their choice to the intending bridegroom through a third party; they may not, dare not speak personally to him in the matter. He approves. The bride's people are informally consulted, and if they agree, the astrologer is sent for and examines the horoscopes of both parties to the intended union. As a matter of course these are found to agree, and the astrologer fixes a day for the Sambandham ceremony. A few days before this takes place two or three women of the bridegroom's house visit the bride, intimating beforehand that they are coming. There they are well treated with food and sweetmeats, and when on the point of leaving they inform the senior female that the bridegroom (naming him) wishes to have Sambandham with—(naming her), and such and such a day is auspicious for the ceremony, the proposal is accepted with pleasure and the party (from the bridegroom's house) returns home."

[582] [181] [184] 585 564 613 [787]

Preparations for feasting are made in the house of the bride as well as in that of the bridegroom on the appointed day. To the former all relations are invited for the evening, and to the latter a few friends who are much of the same age as the bridegroom (for elders never accompany him) are invited to partake of food at 7 or 8 P.M. and accompany him to the bride's house. After eating they escort him, servants carrying betel leaves (one or two hundred according to the means of the Taravâd),

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* Of which what follows is an abstract.

† My correspondent uses the word "Ladies." I prefer women, a finer word.

585 arecanuts and tobacco, to be given to the bride's house-
564 hold, and which are distributed to the guests. When the
613 bride's house is far away the bridegroom makes his pro-
cession thither from a neighbouring house. Arrived at
[276] the bride's house they sit a while and are again serv-
ed with food, after which they are conducted to a room
where betel and other chewing stuff is placed on brass
or silver plates (called thâlam). The chewing over,
sweetmeats are served, and then all go to the bridal
chamber, where the women of the house and others are
assembled with the bride, who, overcome with shyness,
hides herself behind the others. Here again the bride-
groom and his party go through more chewing while
they chat with the women. After a while the men with-
draw, wishing the couple all happiness; and then the
women, departing one by one leave the couple alone, one
of them shutting the door from the outside.

[431] "The Patter Brâhmans always collect on these occa-
sions and receive small presents (dakshina) of 2 to 4 annas
each, with betel leaf and areca nut from the bridegroom,
sometimes from the bride. A few who are invited
receive their dakshina in the bridal chamber; the others
[513] outside. [In a Nâyar house the sleeping rooms of the
men and women are separate; at different ends of the
[574] house.] Those of the bridegroom's party who live far
away are given sleeping accommodation at the bride's
house, with the men. About daybreak next morning the
bridegroom leaves the house with his party, leaving
under his pillow Rs. 8, 16, 32 or 64, according to his means
but never more than 64, which are intended to cover the
expenses of the wife's household on the ceremony. The
Sambandham is now complete. The girl remains in her
own Taravâd house, and her husband visits her there,
585 coming in the evening and leaving the next morning. A
564 few days after completion of the ceremony the senior
613 woman of the bridegroom's house sends some cloths,
602 including pavu mundu (superior cloths) and thorthu
mundu (towels) and some oil to the bride for her use for
[431] six months. Every six months she does the same, and
on festivals of the Ônam, Vishu; Thiruvathira she sends
[796] besides a little money, areca nut, betel nut and tobacco.
The money sent should amount to Rs. 4, or 8, or 16, or 32,
or 64; either one of these sums. Sums of the higher
numbers are very rarely sent.

"Before long the women of the husband's house
express a longing for the girl-wife to be brought to
their house, for they have not seen her yet. Again the

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country knife *(pissan kathi)* in his left hand, which he directs towards the mouth, he pours the tamarind juice over this knife with his right hand three times, which dribbles down the knife into her mouth, and she drinks it. In the absence of a brother, some other near relation officiates. After she has swallowed the tamarind juice, she is asked to pick one out of several packets of different grains placed before her. The grain in the packet she happens to select is supposed to declare the sex of the child in her womb. The whole ceremony is wound up by a sumptuous feast to all the relatives and friends of the family.

"*After Ceremonies.*—At delivery, women of the barber caste officiate as midwives. In some localities, this duty is performed by *Vëla* caste women. Pollution is observed for fifteen days, and on every day, the mother wears cloths washed and presented her by a *Vannatti* or woman of the Vannan* caste. On the fifteenth day is the purificatory ceremony. As in the case of death pollution, a man of the Atikkurissi clan sprinkles on the woman a liquid mixture of oil, and the five products of the cow (*pancha gavya*), with gingelly seeds. Then the woman takes a plunge-bath and sits on the ground, near the tank or river. Some woman of the family, with a copper vessel in her hands, takes water out of the tank or river, and pours it on the mother's head as many as twenty-one times. (I am not aware if this practice is universal, though it certainly obtains in parts of South Malabar and even in North Travancore.) This done, she again plunges herself in the tank or river, from which she emerges thoroughly purified.

"It may be noticed that, before the mother proceeds to purify herself, the new-born babe has also to undergo some rite of purification. The babe is placed on the naked floor, and its father or uncle sprinkles a few drops of cold water on it and takes it in his hands. The superstitious believe that the temperament of the child is determined by that of the person who thus sprinkles the water. All members of the *Taravâd* observe pollution for fifteen days immediately following the delivery, during which period they are prohibited from entering temples and holy places.

"*First Birthday Celebration.*—The twenty-seventh day after the child's birth or the first recurring day of the star under which it was born marks the next important

* Over a great part of Malabar she would, however, be of the Tiyan caste.

event. On this day, the *Kârnavan* of the family gives to the child a spoonful or two of milk, mixed with sugar and slices of plantain. Then he names the child and calls it in the ear by the name* three times. This is followed by a feast to all friends and relatives, the expenses of which are necessarily met by the father of the child.

"*Chôrûn or First Meal of Rice.*—As is usual with the Nâyar every event is introduced by a ceremonial. The first meal of rice partaken by the child forms no exception to the rule. It must be remembered that the child is not fed on rice for some time after birth; the practice being to give it flour of dried plantain boiled with jaggery. There is a particular variety of plantain, known as *kunnan*, used for this purpose. The staple food of the Malayali, rice, is given the child, for the first time, generally during the sixth month, and is attended, of course, with some ceremonial. Necessarily, the astrologer fixes the day; and at the auspicious hour, the child, bathed and adorned with ornaments (which it is the duty of the father to provide) is brought and laid on a plank. A plantain-leaf is spread in front of it and a lighted brass lamp, placed near. On the leaf are† served a small quantity of cooked rice—generally a portion of the rice offered to some temple divinity—some tamarind, salt, chillies, and sugar. Then the *Kâranavan* or the father, ceremoniously approaches and sits down facing the child. First, he puts in the mouth of the child a mixture of the tamarind, chillies and salt; then some rice; and lastly a little sugar.

"Thenceforward, the ordinary food of the child is rice. It is usual on this occasion for relatives (and especially for the '*bandhus*,' such as the *Ammâyi* or 'uncle's wife') to adorn the child with gold bangles, rings and other ornaments. The *chôrûnû* or rice-giving ceremony is, in some cases, preferably performed in some famous temple, that at Guruvâyûr being a favourite one for this purpose.

"*Child-birth—Position during.*—When a Nâyar woman is about to be delivered of a child, she is placed in a reclining position on a low wooden couch (Kottotam), her back supported by a companion, generally an old woman. The kottotam is very like, if not identical with,

* In some places, the child is named only in the sixth month on the chôrûn day.

† In some places, all the curries, etc., prepared for the attendant feast are also served.

824 765 782 613 [775] [825] [231] place them in the bell-metal vessel in which the rice was boiled. The senior places the vessel on her head, and leads the way to a tank, on the banks of which the rice is thrown. It is hoped that crows will come and eat it; for if they do, the impression is received that the deceased's spirit is pleased with the offering; but if somehow it is thought that the crows will not come and eat it, the rice is thrown into the tank. Dogs are not to be allowed to eat it. The women bathe after the rice has been thrown away.

765 613 574 783 [824] When the ceremony which has been described has been performed for the seventh time, *i.e.*, on the seventh day after death, the piece of palmyra leaf is removed from the ground, and thrown on the ashes of the deceased at the place of cremation. During these seven days no member of the Taravâd goes to any other house. The house of the dead and all its inmates are under pollution: no outsider enters it but under ban of pollution, which is, however, removable by bathing. A visitor entering the house of the dead during these seven days must bathe before he can enter his own house. During these seven days the Kâranavan of the family receives visits of condolence from relatives and friends to whom he is "at home" on Monday, Wednesday or Saturday. They sit and chat, chew betel and go home, bathing ere they enter their houses.

[184] [431] It is said that in some parts of Malabar the visitors bring with them small presents in money or kind to help the Kâranavan through the expenditure to which the funeral rites necessarily put him.

765 613 To hark back a little, it must not be omitted that on the third day after the death, all those who are related by marriage to the Taravâd of the deceased combine and give a good feast to the inmates of the house and to the neighbours, who are invited, one man or one woman from each house. The person so invited is expected to come. This feast is called Patni Karigi. On the seventh day a return feast will be given by the Taravâd of the deceased to all relatives and neighbours.

[783] Between the seventh and fourteenth day after death no ceremony is observed; but the members of the Taravâd remain under death pollution, and then on the fourteenth day comes the Sanchayanam. It is the disposal of the calcined remains; the ashes of the deceased. The male members of the Taravâd go to the place of cremation and, picking up the pieces of unburnt bones which they find there, place these in an earthen pot which has been sun-dried—not burnt by fire in the usual way—cover up

796 come to pay their vows for some good done them by her.
782 Obscenities which need not be described were done—these chiefly by people of very low caste let it be said—by people who felt that neither gesture in the dance nor word could be gross enough to express the violence of their feelings. Yet these people, men and women, rolled, or were rolled, for they soon become unconscious, many times round the temple, their arms stretched towards it, their hair, their clothes (scanty enough) and persons generally thick with the dust. A piteous sight. And
796 there were to be seen men carrying over their heads an
782 ornamented wooden canopy, the whole (and no light
785 weight) held up, fastened to the person by the ends of the supports of the canopy, being stuck through the skin of the back and of the chest. Nothing resting on the shoulders or held in the hand. I saw a man who, to fulfil a vow to this goddess who was abused so vilely, had done this every year for over twenty years, and this year handed on performance of the painful vow to his son, a growing lad. The bearers of these canopies danced continuously as if trying to make the points in their flesh as hurtful as possible. So that, together with vituperation of the goddess, there was much veneration, and there is no hesitation in expressing this through bodily discomfort and pain.

796 Content for the present with this example from another part of the Presidency, we will return now to Kottiôr
[346] which I visited in November 1894. One sees a temple of Isvara, there called Perumâl (or Perumâl Iswara) by the people; a low thatched building forming a hollow square, in the centre of which was the shrine which, I was not
[793] permitted to see. There were some Nambûtiri priests who came out and entered into conversation. Their life far away in the forest must be a lonely one. The refreshment which they offered, butter-milk and sugar, was
[574] accepted thankfully. The Nambûtiris, very unsophisticated persons and much wrapped up in their personal sanctity, placed the milk and sugar on the ground, and invited us graciously to partake. A large piece of cocoanut which they threw to my dog was, strange to say, eaten greedily by the beast.

796 The festival is not held at the temple but in the forest
778 about quarter of a mile distant. This spot is deemed extremely sacred and dreadful. There was, however, no objection to myself and my companion visiting it: we were simply begged not to go. There were with us a

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CUSTOMS, GAMES, FESTIVALS, ETC.

Hamilton in his "New Account of the East Indies" published in 1744, writes :— 635

"It was an ancient custom for the Samorin (Zamorin, then the local potentate) to reign but twelve years and no longer. If he died before his term was expired it saved him a troublesome ceremony of cutting his own throat on a public scaffold erected for that purpose. He first made a feast for all his nobility and gentry, who were very numerous. After the feast, he saluted his guests, went on the scaffold, and very neatly cut his own throat in the view of the assembly. His body was, a little while after, burned with great pomp and ceremony, and the grandees elected a new Samorin. Whether that custom was a religious or a civil ceremony I know not, but it is now laid aside, and a new custom is followed by the modern Samorin, that a jubilee is proclaimed throughout his dominion, at the end of twelve years, and a tent is pitched for him in a spacious plain, and a great feast is celebrated for ten or twelve days with mirth and jollity, guns firing night and day, so at the end of the feast any four of the guests that have a mind to gain a crown by a desperate action in fighting their way through 30, or 40,000 of his guards, and kill the Samorin in his tent, he that kills him succeeds to him in his empire. In Anno 1695 one of these jubilees happened and the tent pitched near Ponnany (Ponani) a seaport of his about 16 leagues to the southward of Calicut. There were but three men that would venture on that desperate action, who fell on, with sword and target, among the guards, and after they had killed and wounded many were themselves killed. One of the *Desperadoes* had a nephew of fifteen or sixteen years of age, that kept close by his uncle in the attack on the guards, and when he saw him fall, the youth got through the guards into the tent and made a stroke at his majesty's head and had certainly dispatched him, if a large brass lamp which was burning over his head, had not marred the blow; but before he could make another, he was killed by the guards; and I believe the same Samorin reigns yet. I chanced to come that time along the coast and heard the guns for two or three days and nights successively."

[762] [574] [766] 635 178 527

Here must be made an excerpt from the "Malabar Manual" as its author Mr. Logan, while Collector (chief administrative officer) of Malabar, made excellent use of his opportunities to delve into the ancient archives of the district. [114]

"The *Kêrala Mâhâtmya* so far corroborates Hamilton's story, that it declares the king used to be deposed at this festival, but there is no mention of self-immolation. although it is quite possible the deposed kings may have

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partly guided by the influence of the monsoon. In regard to the serpent grove or religious shrine, a square plot just in the middle of the south-west portion is considered the most auspicious. A typical Nayar house is quadrangular, with an open space (*mittam*) in the centre; the western portion of it is the granary, while the rest of it is partitioned into rooms. The northern portion comprises the store-room and the kitchen at the western and the eastern extremities, with the dining room in the middle, while the western and eastern portions are kept as open halls for gatherings on important occasions. The house so constructed must face the rising sun—the east—and yet rather inconsistently it is called the *patinjattupura* or the western roof or building. The reason of this is that the *patinjattu muri*—the central chamber or the honoured guest chamber in the house, sanctuary of the ancestors of its occupants—must be so placed as to admit of entrance through its doorway the sun's earliest rays. Behind one or more of the rooms above mentioned is a *chaippu* forming a kind of enclosed verandah room. Another type most commonly met with consists of a portico serving as a reception-hall, the other portions of the building corresponding in details, more or less, with the quadrangular edifice just described. The rigid adherence to the science of architecture is confined not only to the Nayars and other high caste-men, but also to the generality of the Native Christians and Mahomedans who, before construction, always consult some expert in the choice of a proper site and the formation of a ground plan of the house. Misfortunes or even calamities are often attributed to the violation of these principles, and very often a newly built house is either altered to remedy the defects or even pulled down. There are again houses, where the two types are combined. The huts of the poor classes consist generally of one or two small, dark and ill-ventilated rooms with a kitchen at one end, and a verandah either in front or on all sides of the main building. With the increase of population, and with the demand for more houses, the old notions and *sastraic* injunctions are being overlooked as a matter of necessity, and the old fashioned houses are displaced by those erected on sound sanitary principles. The wood-work of the buildings is solid and substantial, and is in some cases beautifully carved. The walls are generally of laterite, brick or mud, and roofs which till

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342 recently were thatched are now being tiled with tiles of European pattern manufactured either locally or in Mangalore.
342 In these days of comparative peace and security of life and
178 property from marauders and free-booters, the necessity for massive structures has ceased to exist, and, coupled with this, the improved notions of architecture, derived from an easy intercourse with more civilised centres, the rapid progress of education, and with it a better knowledge of, and regard for, sanitation and hygiene, have wrought remarkable changes in the construction of buildings, so that a better class of houses, well built, airy, and commodious, is displacing the old ones with their small, dark and ill-ventilated rooms.

351 As part of the surroundings of the dwellings in the same
[343] compound, there are frequently seen a cattle shed, an excavated
[312] tank for bathing purposes, often full of fish and water lilies, a
[515] well so arranged as to admit of water being drawn directly from it to the kitchen, an out-house *(matam)* for the Brahman
[574] travellers or visitors, and, lastly, a small edifice for the family
[343] deity. The gardens surrounding the houses are adorned with mango and jack trees, immense bananas, groves of cocoanut
[245] and areca palms and various kinds of flowers. Thus, in most places, their houses, which are occupied by fine types of humanity, (well made men and shapely women), are situated beneath the grateful shade of magnificent avenues of trees.

356 Four hundred years ago, a Portuguese traveller, writing
[175] on the subject, remarks upon the Nayar houses as being scrupulously clean and neat. Without any exaggeration it may be said that they are proverbially so, and the women are either naturally endowed with a taste, or are trained from early child-
352 hood, to keep the houses and everything therein neat and clean.
[556] Those of the richer and middle classes are in these days fur-
[177] nished with articles of European manufacture, and all their domestic utensils, for daily use, are made either of bell-metal, copper or brass, all well cleaned and washed early every morning.

415 The furniture of the poorer classes is very simple; a metal
352 pot with a spout, a few metal plates and saucers, a few metal
412 pans of different sizes, a spitoon of brass, a few mats, a knife,
184 a cot or two, a betel box, and a few wooden bins for grains, are nearly all the requirements of a household in this respect.

342 The house itself is called by several names according to
564 the occupant's caste, that of an ordinary Nayar being a *veedu*

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which precede or follow it.[1] Information is then given to the relatives, and friends of the family regarding the performance of the ceremony on a certain date, when invitations are sent around to those that should attend the wedding. The ceremony then opens with a fixing of the post[2] for the erection of a pandal, which is tastefully decorated and in which the ceremony is performed. The male members of the village are invited and treated to a feast followed by the distribution of betel leaf, arecanuts and tobacco for chewing.[3] In the Cochin State, every time the ceremony is performed in a privileged family, or in one wishing to obtain privileges, a member thereof visits His Highness the Raja with presents (*thirumulkázhcha*), and requests his permission for the celebration. Similar presents are also made to the Nambuthiri *jenmies* by their tenants and others attached to the *illams*. It is interesting to note that certain privileges, such as sitting on grass mats, having a procession with an elephant, beating of drums, firing of pop-guns, worshipping of the Sun on a platform especially constructed, have often to be obtained from the ruler of the State.[4] Then follows the *Ashtamangalyam Vekkal* (procession to the marriage pandal to place the eight auspicious things, namely rice, paddy, tender leaves of cocoanut trees, an arrow, a looking glass, a well washed cloth, lighted fire, and a small wooden box called cheppu) which is a formal beginning of the ceremony, or if necessary, earlier still, and for which a *Brâhmani* is invited. On the night previous to the ceremony, the girl neatly dressed and adorned in her best is taken by her caste-women to a reserved spot in the house (*Patinmittu Iruttal*, seating on the western side), where some ceremonies are gone through, and the *Brâhmani* or *Pushpini* entertains the party with her songs, chiefly *Puránic*. Soon after, the girl and the female members of the family, dressed in gay attire and decked with costly ornaments, come out in procession to the pandal where the

1. The village astrologer is entitled to be formally invited. He makes certain predictions at the sight of the messenger about the results of the marriage. When he arrives at the gate of the house, he is formally received, and he makes certain other predictions from the movement of the flame of a lamp as to the result, happy or otherwise, of the marriage. In the latter case, he suggests some remedies.
2. For this also an auspicious hour is fixed by the astrologer.
3. A few important members sit together and prepare a kind of list for the purchase of provisions for the feast and other expenses.
4. Such privileges are permanently enjoyed by certain aristocratic families. Some obtain them on marriage occasions.

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588 same formality is again gone through. The girl has to sit
[778] with her face veiled. After going round the pandal, three, five or seven times, a cutting of the jasmine placed in a brass vessel is carried by the Elayad or family priest, who, mounted on an elephant with it, and accompanied by a grand procession with the beating of drums, a display of fire-works, and the joyous shouts of men and women, goes to the nearest Bhagavathi or other temple, where the plant and the *tâli* (marriage badge) placed in a vessel are consecrated by the performance of a *puja* by the temple priest. The party then return home with it. The night previous to the ceremony is
[574] marked by a feast called *Athizham*. Next day, the girl who is again properly dressed and well adorned, is led to the reserved spot or the central chamber in which are placed a lighted brass lamp and a vessel full of rice. A short time before the auspicious hour, she goes round the pandal or shed three times, and is led on by the *Brâhmani* to the worship of the Sun (*Adithyane Thozheekal*). In some cases this is done on the bare ground, and in others in a shed provided with a ceiling of plank previously erected for the occasion. After this the girl is seated in front of the shed and somewhat on its western side. The bridegroom or the *tâli* tier, who may be a Thirumulpâd in the case of several girls, is invited and lodged in a house near the bride's family, where he and his friends are treated to a feast called *Ayal* or *Ayini Oonu*. A short time before the auspicious hour, the bridegroom, armed with a sword and neatly dressed, starts in procession with his party to the bride's house, where, at the gate, he is received by a few male members with *ashtamangalyam* in their hands and seated conspicuously in the pandal. In some cases, there is a grand procession from the bride's house to meet the bridegroom's party. A male member of the family, either the maternal uncle or the brother of the bride, washes his feet, and brings the girl, who is already gaily dressed and bedecked with ornaments,
[431] into the pandal, round which she goes three times. She is then
[326] seated on his left side, and the girl's father makes presents of
[787] cloths (*manthrakodi*) in which bride and bridegroom dress themselves, and after the usual distribution of gifts to Brahmans and the Elayad, the latter hands over the *tâli* made by the village goldsmith, at the lucky moment mentioned

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588 a white cloth, one over the other. His permission is solicited
622 for the performance of the ceremony, and, with his consent,
[465] the *táli* is tied. He is paid four, eight, sixteen, thirty-two or sixty-four *puthans* (one *puthan* is equal to ten pies), according to the means of the family. He also gets some curry stuffs, betel
588 leaves, arecanuts and tobacco. There is also at the time a
574 grand distribution of *pán supári*, scented sandal paste, jasmine
[431] flowers to the women of the village and to the wives of the relatives assembled there. Then follows the feast to the guests assembled there, for which certain formalities are observed, with regard to the seats arranged for them; any violation of the social etiquette will result in the guests abruptly leaving the dining hall without partaking of any food. The women of the family and their relatives are first served. The women of the sub-caste as well as those of the village return home after chewing betel. The men of the same sub-castes and others are
[564] next served, then others lower in status to them, and lastly come in for their share the village barber and washerman. Provision is sometimes made to feed the members of the very low castes. In the meanwhile, what is known as *Pakarcha* (cooked rice, curries, sweets, etc., for the feasts) is sent to the families of relations. It must be said that the various
[262] preparations of the feast are boiled rice, vegetable curries, *pdyasam* (rice boiled in milk) and butter milk, and the grandness of the feast is judged by the quantity of rice prepared for consumption, and other preparations are in proportion to it. The first day's ceremony and the feast thus come to an end. The ceremony however lasts for the next three days, but there is nothing of importance on the second and the third days, except some dancing and music by maidens inside the *pandal*. In some places, on the third day, the caste-men of the village are treated to a luncheon of rice and milk pudding and to varieties of amusements, such as the *Kathakali* and other performances.

588 On the fourth day, the caste-men are again invited. The
[564] married couple bathe in the neighbouring tank or river holding each other's hand, and are taken in procession to worship the deity in the village temple amidst the beating of tom-toms and merry shouts, after which the party return home. The bridegroom and the bride are taken to the kitchen, which they are
[586] prohibited from entering during the first three days, and there they dine together. After this, they proceed to the pandal where

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The Brahmanical explanation, though palpably inadequate, is, that marriage is a sort of sacrement of which every maiden must partake in order that she may cleanse her own being from the taint of original sin, accomplish the salvation of her father and her ancestors, and bring forth a son to carry on the domestic worship (*Sacra privata*) of her husband's family. The Brahmans who observed this either imposed this principle on the Nayars, or the Nayars borrowed it from them in the belief that it would lead to social distinction.

Looking on this form of marriage in use, they are not regarded as constituting a religious ceremony or a *samskára* or sacrement in the Hindu or European sense of the word. "There is no officiating priest in attendance, there is no formula to be repeated, there is no *vedic*, *puranic* or religious chant or exhortation, and there is no formal benediction. The essential elements of a Brahmanical marriage, *viz.*, taking the bride by the hand or *Pánigrahanam*, the walking of seven steps or *Saptapati*, and the *hómam* or sacrifice to the fire, are not to be found among its details. Therefore the marriage customs among *marumakkathâyam* Hindus have no connection with their religious observances such as exists under ordinary Hindu law though several of the details bear a resemblance to a portion of the marriage ritual of the Nambutiris." [1]

Puberty customs (Thirandukuli).

The *Thirandukuli* is a celebration when a girl reaches the age of maturity. When a girl comes of age, she is lodged in a separate room where a lamp is lit and a brass pot with a bunch of cocoanut flowers is kept. She has to keep with her a circular plate of brass with a handle, called *vâlkannâti*, literally a looking glass with a handle. The event is proclaimed by a *Kurava* (shouts of joy by women). The women of the neighbouring families, and those of friends and relations visit her, and some of them make presents of cloths. On the third day, the villagers, friends and relatives are treated to a luncheon of rice and milk pudding. Early in the morning of the fourth day, the Mannáns or Vélans (washermen) appear. The girl is anointed with oil, and the tender leaves of the cocoanut palm are tied round the head and loins. In the company of maidens she leaves the room and the Vélans entertain the party, who soon move on in procession to a neighbouring tank where she wears the cloth washed by a washerman. Then

1. Malabar Marriage Commission Report, page 89.

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881 she bathes with her friends. The same party return home in procession, when the *Brâhmani* entertains the party with her music. In the afternoon, the girl is seated in a pandal put up in front of the house, where the Vélans continue the songs, which are *Puranic*, and the assembled guests who are chiefly the women of the village as also those of their friends and relatives present the washerman, each with a piece of cloth. They are entertained at a sumptuous feast held that day; after which the assembled party break up, taking leave of the host. In some places, the girl is taken to a separate house on the fourth day for the bath; whence she returns to her house in procession together with the beating of drum and joyous shouts. [184] In the northern parts of the State, the Vélan's songs are at night, and the performance of the ceremony is compulsory on the fourth day. In the southern Taluks it is often put off to a convenient day, before the completion of which, the girl is prohibited from entering into the kitchen or going to the temple for worship.

585 The second or real marriage is the *Sambandham* (the customary union of man and woman), which is the principal word denoting the conjugal relations among the Nayars. It is said that there are seven forms of this marriage prevailing in Malabar, of which only [184] two or three are in vogue in the State. The customs con- [582] nected with each of the latter differ in different places: nevertheless the main features are the same all over. The best form of *Sambandham* among the Nayars is that between the daughter of a maternal uncle and his nephew; but, as a rule they enjoy very much greater freedom of choice than other [584] classes of people. The parents or friends of the bride or bride- [787] groom make the proposal, and the wishes of the *kâranavans* of the two families are invariably consulted after the examination and agreement of their horoscopes. If the parties agree, an auspicious day is fixed in consultation with the astrologer. A few of the caste-men of the village and the friends of the bride-groom meet together in his house, and they all go in a sort of procession to the bride's house where they are properly welcomed and seated in a conspicuous part of the house. A portion of the *Râmâyanam* or other sacred book, referring to [533] marriage and the happy conjugal life attending it, is then read by the Asân or village school master. Some music is also [574] provided for the entertainment of the assembled guests who

Sambandham.

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are treated to a sumptuous dinner, and at the auspicious hour the bridegroom and his party proceed to a conspicuous part of the house, where a seat is specially provided for him. On either side of the seat and a little in front of it, are placed two lighted lamps. There the bridegroom and the bride make obeisance to the *kâranavans* and other elderly men present there, distribute presents of money to the Brahmans who pronounce their benediction upon the conjugal pair. The bridegroom or his *kâranavans* in the northern parts of the State give her the wedding dress in which she is dressed. The bride is then ushered in, either by her mother or by an elderly member of the family when cloths are given to the bride by the bridegroom. In some places the bridegroom and his party chew betel leaf and nut, while they chat with the women. After a while, the party begins to break up, one by one, wishing the couple all happiness, and the women, departing one by one, leaving the couple alone, one of them closing the door from outside. About daybreak, next morning, the bridegroom departs from the house, leaving under the pillow a sum of money according to his means. The *sambandham* is now complete. The woman resides in her family, and her husband visits her there. A few days after this, the bridegroom's mother or some senior woman of his family sends some cloths including *pîvu mundus* (superior cloths) and *thórtha mundus* (towels) and also some gingelly oil for her use during the next six months. Every six months, she does the same, and on the festivals of *Onam*, *Vishu* and *Thiruvâthira* she is given a little money, arecanut, betel, tobacco and banana. Before long the women of the bridegroom's family express their wish to see her, and have her brought to their family by a few women of the former. She stays there for a few days and is sent back to her own house with presents of ornaments and clothes from senior women of the house. After this she is at liberty to visit her husband's house on any day, auspicious or inauspicious.

In the Chittur and Talapilly Taluks of the State as also in the Palghat Taluk of South Malabar, this form of marriage is called *Kidakkóra* or *Kidakka kalyânam* (the bed chamber ceremony). As part of this ceremony, a declaration is made by one of the bridegroom's party to the senior female of the bride's house in the presence of the assembled guests in the following terms:— " Let this youth visit this damsel for

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will also be found on a close and careful examination of facts, that the principal features of this *sambandham* ceremony all over Keralam, are, in the main, the same. As there are different local names denoting marriage, so there may be found local variations in the performance of the ceremony. But the general features are more or less the same. For instance, the examination, prior to the betrothal, of the horoscopes of the bride and bridegroom to ascertain whether the stars agree astrologically, the appointment of an auspicious day for the celebration of the ceremony, the usual hours at which the ceremony takes place, the presentation of the *dánam* (gifts) to the Brahmans, the sumptuous banquet, the meeting of the bride and bridegroom, are the features which will invariably be found in all well conducted *sambandhams* in all parts of Kéralam alike. But here I would beg to state, that I should not be understood as saying that each and every one of the formalities above referred to are gone through at all *sambandhams* among respectable Nayars, and I would further say, that they ought to be gone through at every *sambandham*, if the parties wish to marry according to the custom of the country. I would now briefly refer to the local variations to be found in the ceremony of *sambandham*, with the particular incident attached to certain forms of *sambandham* in South Malabar. I shall describe the *Pudamuri* or *Vastraddnam* as celebrated in North Malabar, and show how the other forms of *sambandham* are related to it. I consider the *Pudamuri* form the most solemn and the most fashionable in North Malabar. The preliminary ceremony in every *Pudamuri* is the examination of the horoscopes of the bride and bridegroom by an astrologer. This takes place in the house of the bride in the presence of the relations of the bride and the bridegroom. The astrologer, after examination, writes down the results of his calculation on a piece of palmyra leaf with his opinion as to the fitness or otherwise of the match, and hands it over to the bridegroom's relations. If the horoscopes agree, a day is then and there fixed for the celebration of the marriage. This date is also written down on two pieces of cadjan, one of which is handed over to the bride's *kúranavan* and the other to the bridegroom's relations. The astrologer and the bridegroom's party are then feasted in the bride's house, and the former also receives presents in the shape of money or cloth, and this preliminary ceremony is invariably performed

585 184 [787] 585 184 787 [574] [431]

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843 The juice dribbles down the knife into her mouth, and she drinks [602] it. In the absence of a brother, some other near relation officiates. After she has swallowed the tamarind juice, she is asked [824] to pick one grain out of several packets of different grains placed before her. The grain in the packet is supposed to [574] declare the sex of the child in her womb. The whole ceremony is wound up by a sumptuous feast to all the relatives and [78] friends of the family. The *enangan's* wife at the time pours oil over the head of the pregnant woman. If the oil flows on the left side, it predicts the birth of a female; if on the right side, a male.

844 When a Nayar woman is about to become a mother, she is placed in a reclining position on a low wooden couch (*kattódom*), her back supported by a companion, generally an old woman. The *kattódom* is very like, if not identical with, the couch on which the Nayar woman has her oil bath. The surface of it is sloping, the higher end being where the head is laid, and it is scooped out so as to suit the curvatures of the body lying flat. Lying on her back, the thighs are stretched wide apart. Very often she holds in each hand a rope suspended from the ceiling by [564] way of support. The child is received by a woman of the barber caste, who generally officiates as midwife, and in some places this duty is performed by a woman of the Vélan caste.

Childbirth.

846 Pollution is observed for fifteen days, and on every day, the mother wears cloths, washed and presented her by *Vannáthi* (a woman of the washerman caste). On the fifteenth day is the purificatory ceremony. As in the case of death pollution, a man of the Athikurussi clan sprinkles on the woman a liquid mixture of oil, and the five products of the cow (*panchagavyam*) with gingelly seeds. Then the woman dips herself in a tank or river or sits on the ground near the bank, and a maid servant pours on her head the water from a vessel as many as [184] twenty-one times. This practice is not universal, though it certainly obtains in the State and in some parts of South Malabar and Travancore.

846 852 It may be noticed that, before the mother proceeds to purify herself, the new born baby has also to undergo some rite of purification. The baby is placed on the bare floor, and its father or uncle sprinkles a few drops of cold water on it

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and takes it in his hands. The belief is, that the temperament of the child is determined by that of the person who thus sprinkles the water. All the members of the *taravâd* observes pollution for fifteen days immediately after the delivery, during which period they are prohibited from entering temples and holy places.

First birth-day celebration.

The twenty-seventh day after the childbirth or the first recurring day of the star under which it was born, is an important day, on which the *kâranavan* of the family gives to the child a spoonful or two of milk mixed with sugar and slices of plantain fruits reduced to a kind of pulp. Then he names the child calling it in the ear by name, three times. In some places the naming ceremony takes place in the sixth month on the *Chórúnu* day, *i. e.*, on the day of feeding. This is followed by a feast to all friends and relations, the expenses of which are met by the *kâranavan* of the *taravâd*. The child is not fed on rice for some time after birth, the practice being to give it the flour of dried plantain boiled with jaggery. There is a particular variety of plantain known as *kunnan* used for this purpose. Well-to-do parents in these days give Mellin's food. The staple food, which is rice, is given to the child for the first time, generally during the sixth month, and is, of course, attended with some ceremony. Necessarily, the astrologer fixes the day, and at the auspicious hour, the child is bathed and adorned (which is the duty of the father), is brought and laid on a plank. A plantain leaf is spread in front of it, and a bright brass lamp is placed near. On the leaf are served a small quantity of cooked rice, generally a portion of the rice offered to some temple divinity, some tamarind, salt, chillies and sugar. Then the *kâranavan* or the father ceremoniously sits down facing the child. First he puts into the mouth of the child, a mixture of tamarind, chillies and salt, then some rice, and lastly a little sugar. Thenceforward, the ordinary food of the child is rice. The ceremony is, in some cases, preferably performed in some famous temple, that at Guruvayur being a favourite one for this purpose. A few annas is given to the priest, who gives a small quantity of the food offered to the deity, with which the child is fed.

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deliberately refused to be a father and deprived himself of the sweet cares involved by the rearing of the children, they were indignant with a girl who refused to be a mother, and those who had not reproduced their species were considered to be subject to terrible punishments in the next world. The old order of things has given place to the new. Many of the old time-honoured customs have already disappeared or begun to disappear. The senior woman is no longer the head of the family, and she has given place to the eldest male member who is known as *kāranavan*. In a joint family which contains a large or fairly a large number of females and males, the former with their children occupy the main building or buildings and the latter live apart in another edifice close to and separated from them. Each of the married women has a room or two; and here her husband visits her. The old women and others occupy the common portion of the house. The boys under age live with their mother under whose care they always are, and the father as a casual visitor does not generally concern himself with the rearing of children. These, after coming of age, join the the adult members, and if they can afford it, live in houses of their own with their wives and children. Where the domestic environments are favourable and the influence of the *kāranavan* (as the father in a patriarchal family) and other senior member prevails, the junior members seldom go wrong. In some cases where such influences do not exist, their conduct is not always satisfactory. The habits of the members are generally regular, and the usual time of rising throughout the year is early dawn. After rising, the males either go to their daily routine, or wait for their morning light meal which they partake after bathing and after worshipping the deity in the local temple. The women attend to their children, look to the domestic minor work, bathe and prepare the breakfast. Great attention is paid to their personal cleanliness. As water is near at hand, men, women, and children take a great pleasure in bathing, which, besides being conducive to cleanliness, is also considered purificatory and curative. Their substantial dinner is, as a rule, a little before midday, and the rest of the day is occupied by the women and others either in the perusal of religious books or in the playing of some indoor game, while visits in the afternoon are also indulged in.

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the eye, buffaloes with white tips to their tails, wild elephants caught in traps and wild hogs that had fallen into wells.

Even in social matters, these chieftains had supreme powers. In the settlement of marriages in any part of the country, the Nayars had to obtain the chieftain's sanction who held sway over the particular locality. The custom is even now in vogue though in a visibly weakened form. In the celebration of a *Kettu kalyánam* or *sambandham* in any part of the country, the parties concerned visited the chieftain and bought his consent with presents. For without such consent no settlement and celebration thereafter could be arranged. His consent had to be procured even for the holding of festivals.

The chieftain's powers were so great that, if a wife living with her husband proved an object of attraction to another, adequate presents to the chieftain would buy him a formal writ, giving him the rights of a husband over that woman. Thus even so late as only a generation or two ago, the chieftain's power was exercised in the encouragement of polyandry.

When a tali-tying ceremony had to be performed for a girl of any decent family in a locality, she was taken to the local chieftain with a nuzzar or *tirumulkázhcha* and other things prepared for the festival that was to follow. In return the girl was given a golden bracelet which she was authorised to wear in his presence. No girl who had not received such a one could wear it.

In certain parts of the State people were afraid to erect buildings of more than one storey, lest they should incur the inexorable wrath of the chieftain; nor were they allowed to tile thatched houses. Departures from these customs were allowed only with the consent of the chieftain, embodied in a writ issued by him. In rural parts even to this day such restrictions are not totally inoperative. In the State His Highness the Raja gives his sanction in regard to some social matters even to this day and Nambutiri landlords exercise a similar authority among the tenants occupying their lands. Certain kinds of conveyances such as palanquins and dholies were reserved only for chieftains while the *Pallichans* were the only people who were employed to carry them. Various titles[1]

1. Vide pages 18-20.

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fact contained all the rudiments of the State. There was the head-man with his assistants whose duties have been already mentioned. There were also the hereditary village servants (*cheria jenmakkárs*), the village Panchayets or *kúttams*, and the *Kavalai* system of police; and the village watchmen (*kávalkkárs*) with their grain fees, and sacred institutions, with their usual privileges. And finally there were independent Nayar chieftains with their private properties and usual sources of income and taxation.

The village life is simple, delightful, and charming, but it is gradually passing away under the influence of western civilization. It is therefore of some ethnographical interest to preserve an account of it at its period of transition.

The village education may first be taken for treatment. The old village school or pial school masters were called *Ezhuttachans* or *Asáns*, some of whom were maintained by the leading families on small monthly allowances and meals, while others owned schools and lived upon the income derived from the pupils thereof. The education of youths commenced at a very early period, for which an auspicious day, nay, an auspicious hour, generally the *Vijaya Desami* or *Vidyárambham* (beginning of the alphabet) day, the last day of *Desara* in the month of *Kanni* or *Thulám* (September-November) was chosen, when the local *Asán* or any fairly educated man was invited to give the boy his first lesson. In a conspicuous part of the building a bell-metal vessel was placed. On this was spread a thin layer of rice, and on each side of the vessel was placed a bag of rice and paddy, while a lighted lamp was also placed beside it. In front of these sat the infant scholar three or five years of age. The *Asán* or the teacher wrote on the boy's tongue with a gold coin (fanam) the divine invocation *Hari Sree Gana Pata Ye Namah* (Salutation be to Vishnu, Saraswati and Ganapati). The initiation was completed by the teacher holding the boy's ring finger and tracing the letters of the alphabet in the rice in the vessel. The ceremony would then come to an end with a feast to the inmates of the house as well as to friends and relations. After this, he was placed under a teacher who taught him along with others to write the letters of the alphabet on sand. This would go on for a month or two until the

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796 to have been a period of uninterrupted peace, plenty, and pros-
773 perity. Growing jealous and apprehensive of the glory and greatness of this great king, the Dévás entreated Vishnu to quell the pride of this earthly potentate; and Vishnu, thereupon, appeared as *Vámana* (dwarf, his fifth incarnation) to request him for a plot of three feet of earth. The prayer was readily granted by the sovereign, who found to his cost that he could not satisfy him; for, large as his kingdom was, it was found to be very small when measured by the *Vámana*, who eventually placed his foot upon his head and pushed him down to the regions below. Grieved at the loss of their dear king, his subjects prayed to Vishnu to allow him to re-visit the earth once a year, and this is popularly believed to happen on the *Tiruvónam* day.

796 The festival is celebrated in honour of his re-appearance, and with it the return of happy days. It is practically confined to four days which are observed as holidays throughout Kérala, and people of all ranks from the prince to the peasant acknowledge them as such. Ten days before *Tiruvónam*, signs of the approaching festival are visible in every Nayar house, which, by its neatness and cleanliness all around, puts on a gay appearance. A portion of the front yard of the house, opposite to the store-room, is selected, and there a temporary stall of mud is put up for the royal visitor to sit upon. Flowers are strewn over it and on the night previous to the auspicious
[532] day, pyramid-shaped images of the king made of wood or clay, called *Trikkákaruppan*, are placed upon it amid the deafening cheers of the members of the family who assemble at the gate to greet him. *Pujas* are daily made both in the morning and evening before the inmates take their meals, and this con-
[431] tinues up to the closing of the festival. In respectable families the festival opens with the presents of cloths by the *kárana-vans* to the junior members of the family as well as to other close relations, servants, and others. This is also the occasion when tenants make gifts of curry-stuffs, chiefly banana, for the celebration of the festival, and they are often rewarded with
796 cloths and also fed. A feast is held on a large scale, all the
574 four days, while the essential element in it is the consumption of
[262] bananas or *nentranpazham*. The fruits are cut into two or three pieces, boiled in water, and are eaten alone or with *puppadam*,

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Kani with their eyes shut, and, when they are near it, are directed to open them and look at it. It is taken from house to house for the benefit of the poor. The *kāraṇavan* of the family gives small presents of money to the children, servants, and tenants. It is also the time honoured custom of the State that on this day the chief officials shall pay their respects to His Highness the Raja at his residence at Tripunattura, and receive presents of varying amounts. In former times, it was customary for all the subjects of the ruling princes to pay their respects to their royal masters with some new year's gifts. This custom has disappeared, and in its place small presents are made by tenants and dependents to their landlords which generally consist of cocoanut, plantains, and other curry-stuffs —intended probably as a contribution to the celebration. The day is marked by a grand feast for the members of the household as well as for the tenants and other dependents. To the Pulayans (the family workmen) are given paddy or rice, oil, etc., on the previous day to enable them to have their own celebrations.

(4). The *Dasara* or *Ayutha Puja*, called also as *Saraswati Puja*, falls in Kanni (September-October) at the autumnal equinox. It is a festival observed in honour of the Goddess *Saraswati*, and every man worships on the last day the implements of his craft and keeps the day a holiday. It is a nine day's festival and is called *Navaratri*.

(5). *Sivaratri*, which falls in Kumbham (February-March), is also an important festival which is observed in common with the members of other higher castes.

Important local festivals.—Of the festivals connected with the temples of the State, the most important is the cock-festival (Bharani) at the Cranganore Kali temple, an account of which is given in my notes on the Valans.[1]

In addition to the *Utsavams* (festivals) held once a year in all important temples in the State, there are other popular festivals such as the *Pūrams* at Arattupuzha and Trichur, and the *Kongapada* at Chittur. A short account of the latter is given in the following pages.

The Kongapada festival of Chittur.

The name signifies 'war with Kongan'. The festival falls on the Monday succeeding the Wednesday which immediately follows the new moon in the month of Kumbham (February-March) every year. It will

1. Vide Vol. I, page 258.

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824 765 782 613 surface. The men, when they return from their baths, bring with them some harialli grass (*karukapullu*); and making an obeisance with the right knee on the ground, they spread some grass near the strip of palmyra leaf, and rings made of the leaf are also worn by all those present. The eldest of the *anandaravans* or nephew then makes offerings of water, turmeric and leaves of the *cherula*, as well as balls of boiled rice with a few gingelly grains and curds poured over it. As boys are forbidden to make the offerings, should the nephew chance to be a boy, it is considered sufficient for him to touch one of the elders who, under those circumstances, makes the offerings. The whole is then covered with a plantain leaf, a lighted wick is waved near it, and some milk is poured under the leaf. This is left undisturbed for some seconds, after which the leaf is tapped gently with the back of the fingers of the right hand; it is then removed and torn in two at its mid-rib, one piece being placed on either side of the *pindams*. And now the ceremony is over for the day. The agnates rise and remove their wet clothing, sometimes even bathe again. The torn cloth is tied round a pillar near the basket covering the leaf, and the leaf is uncovered every day for seven days at the same hour for the performance of the ceremony. At the end of each day's ceremony the offerings of rice balls left are unguarded for a short time to allow the crows to feed on them; after which they are removed by the female members of the *tarawád*, who are junior to the deceased, and the eldest of them carries the offerings to the side of a tank and throws them into the water. It is believed that if the [825] [775] crows take them, the spirit is pleased. Should the crows leave any remains, they must be thrown into the water, as dogs must [231] not eat the offerings.

765 783 613 574 During the seven days the house of the deceased and all its inmates are considered to be under pollution, and the members of that *tarawád* may not go to any other house nor can members of other *tarawáds* visit them without polluting themselves; but this pollution can be removed by bathing. During this period, however, as a rule, the *káranavan* of the family receives visits of condolence from relatives and friends to whom he is at home on Mondays, Wednesdays and Saturdays.

Here it must be said, that in some cases, the visitors bring with them small presents in money or in kind to help the *káranavan* with the expenditure to which the funeral rites put him.

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the caste or the grown-up women cook and serve the food to the inmates who sit in the dining hall with their own dishes or with plantain leaves placed before them. In ordinary and poor families the cooking and serving are done by women alone.

In grand festivities in which food is served to a large number of the caste-men, the preparations are similar to those served at Brahman feasts, a full account of which will be given when I deal with them.

The Nayars rank below the Ambalavásis and above the polluting castes. Even among themselves there are various grades of social precedence, and the members of higher sub-castes do not freely mingle with those of the lower. Men of the higher sub-castes may sometimes eat with those of the lower, but their women never take their meals with those lower to them in the social scale. It is curious to note that in grand feasts and on ceremonial occasions, good many formalities have to be observed in the allocation of seats in the dining hall for guests according to their social status, and any violation of the caste rules or etiquette will end in their abruptly leaving the hall. The touch of the Nayar pollutes the Brahmans, and they themselves in turn are polluted by the touch of the low caste Sudras. The consumption of meat does not entail loss of caste, though many abstain from eating it. They may take or drink water from the wells belonging either to their own caste or the three castes above them. Elayathús are their priests, but sometimes their caste-men also officiate as such, and Nambuthiris give *punnyáham* (holy water) to the Nayars under pollution. Being in close contact with the Brahmans, they learn to conduct themselves as the Brahmans do, and their morning and evening baths and their worship in temples are as punctual as those of the priestly class.

Social status.

Clothing is of considerable hygienic importance in the life of a nation, and hygiene plays a considerable part in the dress of a Nayar. A piece of cloth, two to two-and-a-half yards long and one-and-a-half yards broad, is worn round the loins. It must touch the ground or very nearly so, and this method of wearing the cloth gives a simplicity and dignity most suitable to their classic features. A small upper garment is also worn while at home A Nayar always carries an umbrella while walking in the sun, but there is no covering for the head.

Dress.

10:Nakane E-5 (1955-1956) 1962 AWII Kerala AWII
Nayar

[Marayil Tarwad]

by which the
Marayil tarwad was founded around 1830. The first partition
tarwad split into two residential groups (Marayil and East Marayil), occurred in 1898, and the final partition of the property by individual members was in 1944.

In May 1956 the living members of the *tarwad* were grouped into ten different households (A, B, C, D, E, F, G, H, I, and J of the Diagram); the male members who are not included in these groups formed each household with wife and children. The relationships of these households show that the degree of familiarity is paralleled with the genealogical distance as well as geographical distance. According to my own observations, the following different stages of the matrilineal group consciousness were noticeable.

First, the strong coherence of matrilineal members, appear in the groups consisting of the members of A, B, and C, and that of D and E. The members of each group meet almost every day; their daily life gives an impression as if they were still carrying on the *tarwad* life. For example, when one household is visited by a guest, others are usually called to join the talking, and often enjoy tea and meals together. In fact, the households of each group are direct neighbours of each other.

Secondly, the group whose members have the same grand-grandmother (consisting of A-B-C and D-C together) is distinguished by the amount of contact of its members with each other, against other members. They meet at least two or three times a week. The third level of group consciousness appears in the group consisting of all descendants of the foundress, including both Marayil and East Marayil. If necessary, they visit each other; if they pass near a house of the group, they are ready to visit. The manner of speaking is a bit more formal than that of first and second groups. However this is distinguished as the ceremonial unit. Though they lost the function of the property group (Mudal Sambantham), they maintain strongly the function of the ceremonial group (Pula Sambantham); funerals, marriages and seasonal festivities are carried out by these members altogether. For this corporate unit, 32 (refer to the number of the Diagram) is acting as the head. This is indeed the last function which is left for the members of Marayil *tarwad*; it is the matrilineal lineage with the same history; all members clearly can trace their genealogical relations with each other.

Further than this range, there is no group consciousness, but these members of Marayil *tarwad* observe exogamy from those members of Mullasseri, another *tarwad*, from which Marayil had sprung. Though they cannot trace exact genealogical relationships, by the observation of exogamy, Mullasseri members are considered as matrilineal distant kin, sociologically different from other Nayars.

Disintegrating Process of Marayil Tarwad

Based on the information of the present members the Marayil was founded by Prabaty Amma (*I*). The process of the foundation of this *tarwad* is as follows:

10:Nakane E-5 (1955-1956) 1962 AWII Kerala AWII
Nayar

left by *12*'s husband for the kingroups of both his wife and his sisters, since both inclined to demand rights on the property left by him to the other party. The marriage of *56* also involved a similar situation for both members of Marayil and Mangayil in order to enjoy the economic activity of *32*.

Traditionally the Nayar tended to marry among particular *tarwad* (not necessarily two), between which friendly relationships, expressed in terms of *enanger*, had been established. Hence many marriages fall into the category of the cross-cousin marriage. However, the above cited cases were obviously meant to solve the ambivalent economic situation arising from the disintegrating stage of the *tarwad* system; and so it was explained to me. The present younger generation strongly avoid cross-cousin marriage, as they think it is not good biologically. However, whether they dislike it or not, after the disintegration of the *tarwad* system the cross-cousin marriage itself is losing its social and economic function.

Matrilineal Elements in the Present Nayar Family

In spite of the final partition of the *tarwad* property, and the establishment of elementary family households which made the *tarwad* functionless, the ideology of the *tarwad* (matrilineal system) still persists in various aspects of the life of the present Nayar.

In the new system, in theory, the husband established an independent house for himself and his wife, freed from both his *tarwad* and her *tarwad*, but it is interesting to observe that the house built by the husband is found near to his wife's *tarwad*, unless his job forced him to leave their birth place. The picture is that of a set of households whose wives are sisters, grouped in a certain area. For instance the husbands of *55* and *66* built their houses very near to that of the C group, which was built by the father of *29*: these three households are very close to each other, across narrow lanes and a garden. The behaviour of these members was described on page 21.

This might give an impression that women tend to attach to their matrilineal members more than men do. However, men also have very close attachments to their sisters, and are always ready to give moral and economic help to them, in spite of living at a greater distance from them. It was the traditional custom to marry a member of a *tarwad* situated in the same local area, since this was certainly convenient for visiting marriage, and also owing to the inter *tarwad* political relationships. Hence husbands and their sisters easily can visit each other, even after residential separation. Such frequent visits among the members of the matrilineal group maintain great familiarity among them. So far as my own observation goes, a man who has considerable income helps his poorer sisters almost in a same way as he does his wife and children. They themselves say they have often trouble about which they should care for more, wife or sister. They told me, that today they were well aware that they should do their best for their wife and children with whom they live, but they also could not help loving and caring for their sisters and sisters' children very much.

12:Peter E-5 (1939, 1949) 1963 AWll Kerala AWll
Tiyas

*595 We went first to the house of some rich Tiyas, in which we had been told that there were three elderly men living in polyandry. It was a large mansion standing in a well-kept compound, and we met one of the members of the older generation as well as a young man. When we asked them about their polyandry, they both shook their heads and protested that we had been "misinformed". Nobody in their family practised this marital custom, they said, although they admitted that the previous generation had done so. Since there was nothing we could do about it, and it would be useless to argue with such people, we went on. However, from the next house that we reached, we heard that what we had previously been told was correct and that these men did not tell us the truth. Because they were well off, they liked to play up at being "progressive", we heard, and therefore denied their polyandry which was nevertheless a fact.

The two tumbled-down, thatched houses which we next visited, stood in a very small compound in which plantain and coconut trees grew. Two old men, one very bald, and an aged lady, her flat bosoms hanging down dismally on her bare chest, came out to greet us. They were very [574] hospitable and kind, and offered us fresh coconut milk from a nut, to drink. The younger of the two men, Raman, aged sixty five, volunteered to give us any information that we wished to obtain from him.

*595 He told us that he and his two elder brothers, Shangu and Mundon, had been married to Chaki, the white haired old lady, for fifty years. Shangu, the eldest, had now been dead for three years, but Mundon, three years his junior, was alive at just seventy one. He was the other man, with the bald head. They lived in the larger of the two thatched houses. Kandapan, their third son, who was married to Lakshmi and had a small boy three years old, lived in the smaller house. They had only been married for four years, since "the last renewal".

This remark, it seemed, was an allusion to the rent. The latter consisted of a *kurikanam* lease, for which they paid three rupees a year (or the equivalent in bananas, they said), and a renewal fee of six rupees every twelve years. They had paid the latter four years ago, and it had gone to their *janmi*, a Nambudri Brahmin whose *illam* was called Granghat *illam*. By profession they were toddy tappers, but since the introduction of prohibition in Madras State, they had been deprived of their livelihood. It seemed that there was an inner belt of some miles within Cochin territory in which the distilling and sale of liquor was prohibited in order to prevent smuggling over the border, and that they, since their house was situated ten miles inland, were affected by this

12:Peter E-5 (1939, 1949) 1963 AWll Kerala AWll
Kammalans

the cross-roads of the main Shoranur-Palghat highway of the road to Lakkidi, a few furlongs down the latter, on the right hand side. In contrast to the Thandan houses to which we had been, although not to the Tiya (Thiyya) houses of the Cochin labourers, the place looked rather miserable. It was a thatched palm-leaf house, standing on a red laterite loam platform, in the middle of some paddy fields. There were signs about that these Tathans were not only goldsmiths but that they now also practised agriculture. There was paddy lying about to dry in heaps in the yard, and there were stalls for bullocks at the back.

We interviewed a man called Raman and his brother Kochen, aged fifty four and fifty two respectively, who lived polyandrously with their wife, Kurumba, forty five years old. They seemed rather impressed by us, and were reluctant to speak. They observed the outward forms of hospitality, however, and presented us with fresh coconuts for us to drink the milk.

Raman told us that the household's name was Padijarehil, meaning "Western", and that it was part of five others which constituted the Uzhugaparekil *tarawad*. The latter was *makkathayam*, as we expected, and exogamous, as was also their *kiriyam*, although, here too, they only observed the rule in matters which concerned those members of it whom they knew. They had two and a half acres of paddy fields, in simple *verumpattam* lease from a Nambudri Brahmin janmi called Kodiertha-mana. For this they paid five rupees a year and handed in a part of the harvest – five hundred *parahs*, I have in my notes, three hundred from the *kanni* crop and two hundred from the *magaram*.[1] As it was an ordinary *verumpattam*, there was no renewal fee. They had a deficit this year of forty *parahs* (roughly lbs. 866⅔) and they were wondering what they could do to make it good. Last year they had done "other work" (presumably such as hiring themselves out as labourers) in order to raise the cash needed to compensate for the deficiency in grain, and they might do the same thing now. When I asked them what kind of goldsmith's work they did, they laughed and said that they had given this up; how could they carry on with their traditional profession, they asked, when the sovereign which was once worth Rs. 25 had reached Rs. 77?

Raman and Kochen had had eleven children in their polyandrous

[1] This again seems too much. It is equivalent to lbs. 10,830 (1 Palghat *parah* = 10 *edengalis* = 40 *nalis* (1 *nali* = *tolas* 21⅝ in s. Walluvanad and Palghat) = 866,40 *tolas*; as 40 *tolas* = 1 lb. in s. Malabar, 1 *parah* = 866,40 : 40 = 21⅝ lbs and 500 = lbs 10,830).

12:Peter E-5 (1939, 1949)1963 AWll Kerala AWll

any rent for it, but on the contrary, received payment as shampooers and masseurs of their landlord. Fees for those services were, on an average, twelve annas per session, and they received the money at regular intervals from seven to fourteen or twenty one days. Four times a year (every "season"), they were also entitled to two bags of rice, food, oil for massage and a bath(?). (I am not quite clear as to what the latter item stands for, but this is what I have in my notes.)

On the 26th of November, 1949, I visited a *Tol-kollan* household, at Meitenadesam, near Ottappalam. The name of this sub-caste means literally "skin-workers", and its members are leather-workers and cobblers. The house in which this family lived was the most miserable of all those we had or were still to see. It stood in the coconut groves on the outskirts of Ottappalam, and we went there on foot. It was a broken down construction of woven palm leaves and mud walls and the thatch on the roof was in bad condition. An old lady called Kurumba (see Fig. 14), sat just outside the front door, bare breasted and with enlarged holes in the lobes of her ears so that she could accomodate the sizeable gold lumps which are inserted here in Malayalam fashion. With her was her elderly daughter, Kunji, who received us. She was very polite and insisted on offering us some fresh coconut milk.

When we asked her about polyandry, she scoffed at the idea and said that in her family at least, the practice had been given up already in the generation of her father and mother. The men quarrelled too much about the common wife, she said, and besides, the women resented it and did not want it any more. There were members of her sub-caste who were still polyandrous, but as they were few and far between it would not be easy to locate them.

Under the circumstances, it seemed useless to make out a genealogy of these people, and I did not have time to look for a polyandrous *Tol-kollan* family elsewhere.

From this house, in the evening of the same day and with the same interpreters and guides, I went on to the home of some *Kanisans* or astrologers, who are also known as *Panikkars* locally. Theirs was a better dwelling, standing hidden in a thick grove of plantains and coconut trees well shaded and pleasant. We were received by a man called Ramankuti, thirty five years old, who offered us some chairs to sit on and very readily answered our questions.

He told us that his household bore the name of Pellarmangalam, and that his *kalarikel* was similarly called. It appeared that *Kanisans* do not have *tarawads* either, and that their patrilineal clans are called "gymna-

12:Peter E-5 (1939, 1949) 1963 AW11 Kerala
West Tibetans AJ4

We were taken to a camp two miles further on where we found some black, yak-hair, Tibetan tents, standing, as they do, like spiders because of their strange construction. There were flocks of sheep about, as well as a few yaks (*gYag*), animals from which our present hosts, the nomads, made their living. A tent, larger than the others, proved to be that of the *goba*, and we were taken close to it and invited to put up our own tents nearby. 114

Very soon after our arrival, we attended a masked dance at the monastery, and the abbot himself acted the Black Hat dancer which is the principal role. There were many spectators present, all the nomads of Rupchu taking a particular and obvious pleasure in what they saw. Another day, we witnessed a ceremony called *zor* (*Zor*) in which a *torma*, made of the head, backbone and entrails of a goat, standing on the animal's skin, was destroyed by lamas armed with great knives, as a way of exorcising devils and evil spirits. [192] [196] [535] [196] [189]

Then came a reception in the *goba's* tent, a festive function at which there were many guests. We were entertained with *chang*, dried meat, *tsampa*, turnips and buttered tea, and the party was a very gay one in which most of the guests, the *goba* and the abbot included, got roaring drunk. [574]

At another reception to which we were invited at the monastery before leaving and in which all our caravaneers received coloured bits of rag as talismans from the hands of the *tulku*, I was able to inform myself about the marital customs of the nomads.

The day after the reception at the *gompa*, we left for Leh, capital of Ladak (7th August, 1938). It was a cold journey as there was frost already on the high passes, and we had three to cross before we reached lower ground near Tso Kar (*mTs'ho dKar*), "the White Lake". From here, we continued down the Gya valley, where we encountered the first houses and fields again and received our first letter in many weeks, addressed to us by the Superintendent of the Moravian Mission in Ley, the Reverend Walter Asboe. A few stages further on, we crossed the Indus near Upshi, and followed its right bank past Himis and Tikse *gompas* to Sheh, one stage before our destination.

On the 22nd August, 1938, we came to Leh in the early afternoon and were received at the entrance of the town by the Moravian Missionary, the local authorities and a crowd of Ladakis, men, women and children. We were taken past the mile long *mani* walls to the Residency in the south-westerly quarter, where we had been authorized to stay during the period of our visit to Ladak. Very soon, we met those who

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form of a contest between the bridegroom and the bride's relatives, and which are symbolic survivals of marriage by capture. The Manavālan and the girl next partake of food together in the inner pandal—a proceeding which obviously corresponds to the ceremonious first meal of a newly-married couple. The assembled guests are lavishly entertained. The chief Kovilagans and big Nāyar houses will feed 1,000 Brāhmans as well as their own relations, and spend anything up to ten or fifteen thousand rupees on the ceremony."

Concerning the tāli-kettu ceremony in Travancore Mr. N. Subramani Aiyar writes as follows. "After the age of eleven, a Nāyar girl becomes too old for this ceremony, though, in some rare instances, it is celebrated after a girl attains her age. As among other castes, ages represented by an odd number, *e.g.*, seven, nine, and eleven, have a peculiar auspiciousness attached to them. Any number of girls, even up to a dozen, may go through the ceremony at one time, and they may include infants under one year—an arrangement prompted by considerations of economy, and rendered possible by the fact that no civil or religious right or liability is contracted as between the parties. The duty of getting the girls of the tarwad 'married' devolves on the karanavan, or in his default on the eldest brother, the father's obligation being discharged by informing him that the time for the ceremony has arrived. The masters of the ceremonies at a Nāyar tāli-kettu in Travancore are called Machchampikkar, *i.e.*, men in the village, whose social status is equal to that of the tarwad in which the ceremony is to be celebrated. At a preliminary meeting of the Machchampikkar, the number of girls for whom the ceremony is to be performed, the bridegrooms, and other details are settled. The horoscopes are examined by the village

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A song is sung called
ammachampattu, or the song of the maternal uncle. If 588
there are several brides, they sit in a row, each holding 184
in her hand an arrow and a looking-glass, and the [533]
ornaments are tied on their necks in the order of their ages. Unless enangans are employed, there is usually only one tāli-tier, whatever may be the number of girls. In cases where, owing to poverty, the expenses of the ceremony cannot be borne, it is simply performed in front of a Brāhman temple, or in the pandaramatam, or house of the village chieftain. In many North Travancore taluks the girl removes her tali as soon as she hears of the tali-tier's death." It is noted by the Rev. S. Mateer * that "a Nair girl of Travancore must get married with the tāli before the age of eleven to avoid reproach from friends and neighbours. In case of need a sword may even be made to represent a bridegroom." Sometimes, when a family is poor, the girl's mother makes an idol of clay, adorns it with flowers, and invests her daughter with the tāli in the presence of the idol.

In an account of the tali-kettu ceremony, in the Cochin Census Report, 1901, it is stated that "the celebration of the ceremony is costly, and advantage is therefore taken of a single occasion in the course of ten or twelve years, at which all girls in a family, irrespective of their ages, and, when parties agree, all girls belonging to families that observe death pollution between one another go through the ceremony. The ceremony opens with the fixing of a post for the construction of a pandal or shed, which is beautifully decorated with cloth, pictures and festoons. The male members of the village are [574] ● invited, and treated to a feast followed by the distribution

* Journ. Anthrop. Inst., XII, 1883.

588
184 of pān-supāri. Every time that a marriage ceremony is
[574] celebrated, a member of the family visits His Highness the Rāja with presents, and solicits his permission for the celebration. Such presents are often made to the Nambūdri Jenmis (landlords), by their tenants, and by
[424] castes attached to illams. It may be noted that certain
[643] privileges, such as sitting on a grass mat, having an elephant procession, drumming, firing of pop-guns, etc., have often to be obtained from the Ruler of the State. The marriage itself begins with the procession to the marriage pandal with the eight auspicious things (ashtamangalyam) and pattiniruththal (seating for song), at the latter of which a Brāhmini or Pushpini sings certain songs based upon suitable Purānic texts. The girls and other female members of the family, dressed in gay attire and decked with costly ornaments, come out in procession to the pandal, where the Pushpini sings, with tom-toms and the firing of pop-guns at intervals. After three, five, or seven rounds of this, a cutting of the jasmine placed in a brass pot is carried on an elephant by the Elayad or family priest to the nearest Bhagavati temple, where it is planted on the night previous to the ceremonial day with tom-toms, fireworks, and joyous shouts of men and women. A few hours before the auspicious moment for the ceremony, this cutting is
[782] brought back. Before the tāli is tied, the girls are brought out of the room, and, either from the ground itself or from a raised platform, beautifully decorated with festoons, etc., are made to worship the sun. The bridegroom, a Tirumulpād or an enangan, is then brought into the house with sword in hand, with tom-toms, firing of pop-guns, and shouts of joy. At the gate he is received by a few female members with ashtamangalyam in their hands, and seated on a bench or

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stool in the pandal. A male member of the family, generally a brother or maternal uncle of the girl, washes the feet of the bridegroom. The girls are covered with new cloths of cotton or silk, and brought into the pandal, and seated screened off from one another. After the distribution of money presents to the Brāhmans and the Elayad, the latter hands over the tāli, or thin plate of gold shaped like the leaf of aswatha (*Ficus religiosa*), and tacked on to a string, to the Tirumulpād, who ties it round the neck of the girl. A single Tirumulpād often ties the tāli round the neck of two, three, or four girls. He is given one to eight rupees per girl for so doing. Sometimes the tāli is tied by the mother of the girl. The retention of the tāli is not at all obligatory, nay it is seldom worn or taken care of after the ceremony. These circumstances clearly show the purely ceremonial character of this form of marriage. The Karamel Asan, or headman of the village, is an important factor on this occasion. In a conspicuous part of the marriage pandal he is provided with a seat on a cot, on which a grass mat, a black blanket, and white cloth are spread one over the other. Before the tāli is tied, his permission is solicited for the performance of the ceremony. He is paid 4, 8, 16, 32 or 64 puthans (a puthan = 10 pies) per girl, according to the means of the family. He is also given rice, curry stuff, and pān-supāri. Rose-water is sprinkled at intervals on the males and females assembled on the occasion. With the distribution of pān-supāri, scented sandal paste and jasmine flowers to the females of the village and wives of relatives and friends, who are invited for the occasion, these guests return to their homes. The male members, one or two from each family in the village, are then treated to a sumptuous feast. In some places, where the Enangu

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588 184 (574) system prevails, all members of such families, both male and female, are also provided with meals. On the third day, the villagers are again entertained to a luncheon of rice and milk pudding, and on the fourth day the girls are taken out in procession for worship at the nearest temple amidst tom-toms and shouting. After this a feast is held, at which friends, relatives, and villagers are given a rich meal. With the usual distribution of pān-supāri, sandal and flowers, the invited guests depart. (431) Presents, chiefly in money, are made to the eldest male member of the family by friends and relatives and villagers, and with this the ceremony closes. From the (787) time of fixing the first pole for the pandal to the tying of the tāli, the village astrologer is in attendance on all ceremonial occasions, as he has to pronounce the auspicious moment for the performance of each item. During (536) the four days of the marriage, entertainments, such as Kathakali drama or Ottan Tullal, are very common. When a family can ill-afford to celebrate the ceremony on any grand scale, the girls are taken to the nearest temple, or to the illam of a Nambūdri, if they happen to belong to sub-divisions attached to illams, and the tāli (735) is tied with little or no feasting and merriment. In the northern taluks, the very poor people sometimes tie the tāli before the Trikkakkarappan on the Tiruvonam day."

An interesting account of the tāli-kettu ceremony is given by Duarte Barbosa, who writes as follows.* "After they are ten or twelve years old or more, their mothers perform a marriage ceremony for them in this manner. They advise the relations and friends that they may come to do honour to their daughters, and they

* *Op. cit.*

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sambandham ceremony all over Kēralam are in the main the same. As there are different local names denoting marriage, so there may be found local variations in the performance of the ceremony. But the general features are more or less the same. For instance, the examination, prior to the betrothal, of the horoscopes of the bride and bridegroom to ascertain whether their stars agree astrologically; the appointment of an auspicious day for the celebration of the ceremony; the usual hour at which the ceremony takes place; the presentation of dānam (gifts) to Brāhmans; sumptuous banquet; the meeting of the bride and bridegroom, are features which are invariably found in all well-conducted sambandhams in all parts of Kēralam alike. But here I would state that I should not be understood as saying that each and every one of the formalities above referred to are gone through at all sambandhams among respectable Nāyars; and I would further state that they ought to be gone through at every sambandham, if the parties wish to marry according to the custom of the country. I would now briefly refer to the local variations to be found in the ceremony of the sambandham, and also the particular incidents attached to certain forms of sambandham in South Malabar. I shall describe the pudamuri or vastradānam as celebrated in North Malabar, and then show how the other forms of sambandham differ from it. Of all the forms of sambandham, I consider the pudamuri the most solemn and the most fashionable in North Malabar. The preliminary ceremony in every pudamuri is the examination of the horoscopes of the bride and bridegroom by an astrologer. This takes place in the house of the bride, in the presence of the relations of the bride and bridegroom. The astrologer, after examination, writes down

585
184 the results of his calculations on a piece of palmyra leaf,
[787] with his opinion as to the fitness or otherwise of the match,
and hands it over to the bridegroom's relations. If the
horoscopes agree, a day is then and there fixed for the
[212] celebration of the marriage. This date is also written
down on two pieces of cadjan (palm leaf), one of which is
handed over to the bride's Karanavan, and the other
[791] to the bridegroom's relations. The astrologer and the
[574] bridegroom's party are then feasted in the bride's house,
and the former also receives presents in the shape of
[431] money or cloth. This preliminary ceremony, which
is invariably performed at all pudamuris in North
Malabar, is called pudamuri kurikkal, but is unknown
in South Malabar. Some three or four days prior to
the date fixed for the celebration of the pudamuri, the
bridegroom visits his Karanavans and elders in caste,
[584] to obtain formal leave to marry. The bridegroom on
such occasion presents his elders with betel and nuts,
and obtains their formal sanction to the wedding. On
the day appointed, the bridegroom proceeds after sunset
to the house of the bride, accompanied by a number of
his friends. He goes in procession, and is received at
the gate of the house by the bride's party, and con-
ducted with his friends to seats provided in the tekkini
[431] or southern hall of the house. There the bridegroom
[574] distributes presents (dānam) or money gifts to the
Brāhmans assembled. After this, the whole party is
treated to a sumptuous banquet. It is now time for the
astrologer to appear, and announce the auspicious hour
fixed. He does it accordingly, and receives his dues.
The bridegroom is then taken by one of his friends to the
padinhatta or principal room of the house. The bride-
groom's party has, of course, brought with them a
quantity of new cloths, and betel leaves and nuts. The

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The cloths are placed in the western room of the house (padinhatta), in which all religious and other important household ceremonies are usually performed. This room will be decorated, and turned into a bed-room for the occasion. There will be placed in the room a number of lighted lamps, and ashtamangalyam, which consists of eight articles symbolical of mangalyam or marriage. These are rice, paddy (unhusked rice), the tender leaves of cocoanut trees, an arrow, a looking-glass, a well-washed cloth, burning fire, and a small round box called cheppu. These will be found placed on the floor of the room as the bridegroom enters it. The bridegroom with his groomsman enters the room through the eastern door. The bride, dressed in rich cloths and bedecked with jewels, enters the room through the western door, accompanied by her aunt or some other elderly lady of her family. The bride stands facing east, with the ashtamangalyam and lit-up lamps in front of her. The groomsman then hands over to the bridegroom a few pieces of new cloth, and the bridegroom puts them into the hands of the bride. This being done, the elderly lady who accompanied the bride sprinkles rice over the lamps and the head and shoulders of the bride and bridegroom, who immediately leaves the room, as he has to perform another duty. At the tekkini or southern hall, he now presents his elders and friends with cakes, and betel leaf and nuts. Betel and nuts are also given to all the persons assembled at the place. After the departure of the guests, the bridegroom retires to the bed-room with the bride. Next morning, the vettilakettu or salkâram ceremony follows, and the bridegroom's female relations take the bride to the husband's house, where there is feasting in honour of the occasion. Uzhamporukkuka or vidâram kayaral is a peculiar form

585 184 [342] [574]

575 of marriage in North Malabar. It will be seen from the 184 description given above that the pudamuri is necessarily a costly ceremony, and many people resort to the less costly ceremony of uzhamporukkuka or vīdāram kayaral. The features of this ceremony are to a certain extent the same as pudamuri, but it is celebrated on a smaller scale. [574] There is no cloth-giving ceremony. The feasting is confined to the relations of the couple. The particular incident of this form of marriage is that the husband should visit the wife in her house, and is not permitted to take her to his house, unless and until he celebrates the regular pudamuri ceremony. This rule is strictly adhered to in North Malabar, and instances in which the husband and wife joined by the uzhamporukkuka ceremony, and with grown-up children as the issue of such marriage, undergo the pudamuri ceremony some fifteen or twenty years after uzhamporukkuka, in order to enable the husband to take the wife to his house, are known to me personally. The sambandham of South Malabar, and the kidakkora kalyānam of Palghat have all or most of the incidents of pudamuri, except the presenting of cloths. Here money is substituted for cloths, and the other ceremonies are more or less the same. There is also salkāram ceremony wanting in South Malabar, as the wives are not at once taken to the husband's house after marriage."

585 In connection with the following note by Mr. C. P. Rāman Menon on sambandham among the Akattu Charna or Akathithaparisha (inside clan), Mr. Fawcett [582] states that "my informant says in the first place that the [178] man should not enter into sambandham with a woman [181] until he is thirty. Now-a-days, when change is running [582] wild, the man is often much less. In North Malabar, which is much more conservative than the south, it was,

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however, my experience that sambandham was rare on the side of the man before twenty-seven." "The Karanavan," Mr. Rāman Menon writes, "and the women of his household choose the bride, and communicate their choice to the intending bridegroom through a third party; they may not, dare not speak personally to him in the matter. He approves. The bride's people are informally consulted, and, if they agree, the astrologer is sent for, and examines the horoscopes of both parties to the intended union. As a matter of course these are found to agree, and the astrologer fixes a day for the sambandham ceremony. A few days before this takes place, two or three women of the bridegroom's house visit the bride, intimating beforehand that they are coming. There they are well treated with food and sweetmeats, and, when on the point of leaving, they inform the senior female that the bridegroom (naming him) wishes to have sambandham with . . . . (naming her), and such and such a day is auspicious for the ceremony. The proposal is accepted with pleasure, and the party from the bridegroom's house returns home. Preparations for feasting are made in the house of the bride, as well as in that of the bridegroom on the appointed day. To the former all relations are invited for the evening, and to the latter a few friends who are much of the same age as the bridegroom are invited to partake of food at 7 or 8 P.M., and accompany him to the bride's house. After eating they escort him, servants carrying betel leaves (one or two hundred according to the means of the taravad), areca nuts and tobacco, to be given to the bride's household, and which are distributed to the guests. When the bride's house is far away, the bridegroom makes his procession thither from a neighbouring house. Arrived at the bride's house, they sit awhile, and are again

585 served with food, after which they are conducted to a
574 room, where betel and other chewing stuff is placed on
[276] brass or silver plates called thālam. The chewing over, sweetmeats are served, and then all go to the bridal chamber, where the women of the house and others are assembled with the bride, who, overcome with shyness,
585 hides herself behind the others. Here again the bridegroom and his party go through more chewing, while they chat with the women. After a while the men withdraw, wishing the couple all happiness, and then the women, departing one by one, leave the couple alone, one of
[431] them shutting the door from the outside. The Pattar Brāhmans always collect on these occasions, and receive small presents (dakshina) of two to four annas each, with betel leaves and areca nuts from the bridegroom, and sometimes from the bride. A few who are invited receive their dakshina in the bridal chamber, the others outside.
[513] Those of the bridegroom's party who live far away are given sleeping accommodation at the bride's house [in a Nāyar house the sleeping rooms of the men and women are at different ends of the house]. About daybreak next morning the bridegroom leaves the house with his party, leaving under his pillow 8, 16, 32, or 64 rupees, according to his means, which are intended to cover the expenses of the wife's household in connection with the ceremony. The sambandham is now complete.
[591] The girl remains in her own taravad house, and her
[613] husband visits her there, coming in the evening and leaving next morning. A few days after the com-
[431] pletion of the ceremony, the senior woman of the
[796] bridegroom's house sends some cloths, including pavu mundu (superior cloths) and thorthu mundu (towels), and some oil to the bride for her use for six months. Every six months she does the same, and, at the Ōnam,

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Vishu, and Thiruvathīra festivals, she sends besides a little money, areca nuts, betel and tobacco. The money sent should be 4, 8, 16, 32, or 64 rupees. Higher sums are very rarely sent. Before long, the women of the husband's house express a longing for the girl-wife to be brought to their house, for they have not seen her yet. Again the astrologer is requisitioned, and, on the day he fixes, two or three of the women go to the house of the girl, or, as they call her, Ammāyi (uncle's wife). They are well treated, and presently bring away the girl with them. As she is about to enter the gate-house of her husband's taravad, the stile of which she crosses right leg first, two or three of the women meet her, bearing a burning lamp and a brass plate (thālam), and precede her to the nalukattu of the house. There she is seated on a mat, and a burning lamp, a nazhi (measure) of rice, and some plantains are placed before her. One of the younger women takes up a plantain, and puts a piece of it in the Ammāyi's mouth; a little ceremony called madhuram tital, or giving the sweets for eating. She lives in her husband's house for a few days, and is then sent back to her own with presents, bracelets, rings or cloths, which are gifts of the senior woman of the house. After this she is at liberty to visit her husband's house on any day, auspicious or inauspicious. In a big taravad, where there are many women, the Ammāyi does not, as a rule, get much sympathy and good-will in the household, and, if she happens to live temporarily in her husband's house, as is sometimes, though very rarely the case in South Malabar, and to be the wife of the Karanavan, it is observed that she gets more than her share of whatever good things may be going. Hence the proverb, 'Place Ammāyi Amma on a stone, and grind her with another stone.' A sambandham ceremony at

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A sambandham ceremony at
585 Calicut is recorded by Mr. Fawcett, at which there were
[574] cake and wine for the guests, and a ring for the bride.

[184] In connection with sambandham, Mr. N. Subramani Aiyar writes from Travancore that "it is known in different localities as gunadosham (union through good or evil), vastradānam or putavakota (giving of cloth), and uzhamporukkal (waiting one's turn). It may be performed without any formal ceremony whatever, and is actually a private transaction confidentially gone through in some families. The bridegroom and his friends assemble at the house of the bride on the appointed night, and, before the assembled guests, the bridegroom presents the bride with a few unbleached cloths. Custom enjoins that four pieces of cloth should be presented, and the occasion is availed of to present cloths to the relatives and servants of the bride also. The girl asks permission of her mother and maternal [43] uncle, before she receives the cloths. After supper, and the distribution of pān-supāri, the party disperses. Another day is fixed for the consummation ceremony. [574] On that day the bridegroom, accompanied by a few friends, goes to the bride's house with betel leaves and nuts. After a feast, the friends retire."

It is noted in the Cochin Census Report, 1901, that one name for the sambandham rite is kitakkora, meaning 881 bed-chamber ceremony. In the same report, the following account of a puberty ceremony is given. "The tirandu-kuli ceremony is practically a public declaration that a girl has reached the age of maturity. When a girl attains puberty, she is seated in a separate room, where a lamp is lit, and a brass pot with a bunch of cocoanut flowers is kept. She has to keep with her a circular plate of brass called vālkannādi, literally a looking-glass with a handle. The event is proclaimed by korava

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(shouts of joy by females). The females of the neighbouring houses, and of the families of friends and relatives, visit her. New cloths are presented to the girl by her near relatives. On the third day the villagers, friends and relatives are treated to a luncheon of rice and milk pudding. Early in the morning on the fourth day, the Mannans or Vēlans appear. The girl is anointed with oil, and tender leaves of the cocoanut palm are tied round the head and waist. In the company of maidens she is brought out of the room, and the Vēlans sing certain songs. Thence the party move on to the tank, where the girl wears a cloth washed by a Vēlan, and takes a bath. After the bath the Vēlans again sing songs. In the afternoon, the girl is taken out by the females invited for the occasion to an ornamental pandal, and the Vēlans, standing at a distance, once more sing. With the usual distribution of pān-supāri, sandal and jasmine flowers, the ceremony closes. In the midst of the song, the female guests of the village, the wives of friends and relatives, and most of the members of the family itself, present each a small cloth to the Vēlans. They are also given a small amount of money, rice, betel leaf, etc. The guests are then entertained at a feast. In some places, the girl is taken to a separate house for the bath on the fourth day, whence she returns to her house in procession, accompanied by tom-toms and shouting. In the northern tāluks, the Vēlan's song is in the night, and the performance of the ceremony on the fourth day is compulsory. In the southern tāluks, it is often put off to some convenient day. Before the completion of this song ceremony, the girl is prohibited from going out of the house or entering temples."

It is provided, by the Malabar Marriage Act, 1896, that, "when a sambandham has been registered in the manner

843
593 right ring finger. Holding a country knife (pissan kathi) in his left hand, which he directs towards the mouth, he pours the tamarind juice over the knife with his right hand three times, and it dribbles down the knife [602] into the woman's mouth, and she drinks it. In the absence of a brother, some other near relation officiates. 843 After she has swallowed the tamarind juice, the woman is asked to pick out one of several packets of different grains placed before her. The grain in the packet she happens to select is supposed to declare the sex of the child in [574] her womb. The ceremony winds up with a sumptuous feast to all the relatives and friends of the family." In connection with pregnancy ceremonies, Mr. N. Subramani Aiyar writes that "the puli-kuti ceremony is performed at the seventh, or sometimes the ninth month. The husband has to contribute the rice, cocoanut, and plantains, and present seven vessels containing sweetmeats. In the absence of a brother, a Mârân pours the juice into the mouth of the woman." It is noted in the Cochin Census Report, 1901, that "the puli-kudi ceremony consists in administering to the woman with child a few pills of tamarind and other acid substances. The pills are placed at the end of a knife-blade, and pushed into the mouth of the woman by means of a gold ring. [593] The ceremony, which in a way corresponds to the [604] pumsavana of the Brâhmans, is performed either by a brother or uncle of the woman, and, in the absence of both, by the husband himself. Unlike Brâhmans, the ceremony is performed only at the time of the first pregnancy." In the eighth month, a ceremony, called garbha veli uzhiyal, is performed by the Kaniyan (astrologer) to remove the effects of the evil eye.

The ceremonies observed in connection with pregnancy are described as follows in the Gazetteer of

843 performed, usually the vadakkini, there is arranged a mat, the usual lamp (nilavilakku) with five wicks, and a para measure of rice (niracchaveppu), also the materials necessary for the performance of Ganapathi pūja (worship of the god Ganēsa), consisting of plantains, brown sugar, leaves of the sacred basil or tulasi (*Ocimum sanctum*), sandal paste, and the eight spices called [593] ashtagantham. The woman's brother performs Ganapathi pūja, and then gives some of the tamarind leaves to the Enangatti, who expresses their juice, and mixes it with [824] that of four other plants.* The mixture is boiled with a little rice, and the brother takes a little of it in a jack [602] (*Artocarpus integrifolia*) leaf folded like a spoon, and lets it run down the blade of a knife into his sister's mouth. He does this three times. Then the mixture is administered in the same manner by some woman of the husband's family, and then by an Ammāyi (wife of [574] one of the members of the girl's tarwad). The branch is then planted in the nadumittam, and feasting brings the ceremony to a close. The above description was obtained from an Urali Nāyar of Calicut taluk. In other localities and castes, the details vary considerably. [564] Sometimes the mixture is simply poured into the woman's mouth, instead of being dripped off a knife. Some castes use a small spoon of gold or silver instead of the jack leaves. In South Malabar there is not as a rule any procession to the tamarind tree. Among Agathu Charna Nāyars of South Malabar, the ceremony takes place in the nadumittam, whither the tamarind branch is brought by a Tiyan. The girl carries a valkannadi or bell-metal mirror, a charakkōl or arrow, and a pisankatti (knife). An Enangatti pours some oil

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[137] * The aimpuli or "five tamarinds" are *Tamarindus indica*, *Garcinia Cambogia*, *Spondias mangifera*, *Bauhinia racemosa*, and *Hibiscus hirtus*.

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846 [613] which they are prohibited from entering temples and holy places." It is noted by Mr. N. Subramani Aiyar [844] that the first act done, when a male child is born, is to [828] beat the earth with a cocoanut leaf, and, if the issue is a female, to grind some turmeric in a mortar, with the object, it is said, of removing the child's fear.

553 [846] In connection with post-natal ceremonies, Mr. Bala- krishnan Nāyar writes further that "the twenty-seventh [821] day after the child's birth, or the first recurring day of the star under which it was born, marks the next impor- [613] tant event. On this day, the Karanavan of the family gives to the child a spoonful or two of milk mixed with [574] sugar and slices of plantain. Then he names the child, and calls it in the ear by the name three times. This is followed by a feast to all friends and relatives, the expenses of which are met by the father of the child.

852 853 With the Nāyar, every event is introduced by a cere- monial. The first meal of rice (chorūn) partaken of by the child forms no exception to the rule. It must be remembered that the child is not fed on rice for some time after birth, the practice being to give it flour of dried plantain boiled with jaggery (crude sugar). There is a particular variety of plantain, called kunnan, used for this purpose. Rice is given to the child for the first [787] time generally during the sixth month. The astrologer fixes the day, and, at the auspicious hour, the child, bathed and adorned with ornaments (which it is the duty of the father to provide) is brought, and laid on a plank. A plantain leaf is spread in front of it, and a lighted brass lamp placed near. On the leaf are served a small quantity of cooked rice—generally a portion of the rice offered to some temple divinity—some tamarind, salt, chillies, and sugar. [In some places all the curries, etc., prepared for the attendant feast, are also served.]

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which has just been described. Now, when it has been completed, he ties the piece of cloth to the pillar of the house nearest to the piece of palmyra leaf which has been stuck in the ground, and puts the piece of iron in a safe place. The piece of palmyra leaf is covered with a basket. It is uncovered every day for seven days at the same hour, while the same ceremony is repeated. The balls of rice are removed by women and girls of the taravād who are junior to the deceased. They place them in the bell-metal vessel in which the rice was boiled. The senior places the vessel on her head, and leads the way to a tank, on the bank of which the rice is thrown. It is hoped that crows will come and eat it; for, if they do, the impression is received that the deceased's spirit is pleased with the offering. But, if somehow it is thought that the crows will not come and eat it, the rice is thrown into the tank. Dogs are not to be allowed to eat it. The women bathe after the rice has been thrown away. When the ceremony which has been described has been performed for the seventh time, *i.e.*, on the seventh day after death, the piece of palmyra leaf is removed from the ground, and thrown on the ashes of the deceased at the place of cremation. During these seven days, no member of the taravād goes to any other house. The house of the dead, and all its inmates are under pollution. No outsider enters it but under ban of pollution, which is, however, removable by bathing. A visitor entering the house of the dead during these seven days must bathe before he can enter his own house. During these seven days, the Karanavan of the family receives visits of condolence from relatives and friends to whom he is "at home" on Monday, Wednesday or Saturday. They sit and chat, chew betel, and go home, bathing ere they enter their houses. It is said

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765 613 574 [783] that, in some parts of Malabar, the visitors bring with them small presents in money or kind to help the Karanavan through the expenditure to which the funeral rites necessarily put him. To hark back a little, it must not be omitted that, on the third day after the death, all those who are related by marriage to the taravād of the deceased combine, and give a good feast to the inmates of the house and to the neighbours who are invited, one man or woman from each house. The person so invited is expected to come. This feast is called patni karigi. On the seventh day, a return feast will be given by the taravād of the deceased to all relatives and neighbours. Between the seventh and fourteenth day after death no ceremony is observed, but the members of the taravād remain under death pollution. On the fourteenth day 764 613 [415] comes the sanchayanam. It is the disposal of the calcined remains; the ashes of the deceased. The male members of the taravād go to the place of cremation, and, picking up the pieces of unburnt bones which they find there, place these in an earthen pot which has been sun-dried (not burnt by fire in the usual way), cover up the mouth of this pot with a piece of new cloth, and, all following the eldest who carries it, proceed to the nearest river (it must be running water), which receives the remains of the dead. The men then bathe, and return [184] home. In some parts of Malabar the bones are collected [778] on the seventh day, but it is not orthodox to do so. Better by far than taking the remains to the nearest river is it to take them to some specially sacred place, Benares, Gaya, Rameswaram, or even to some place of sanctity much nearer home, as to Tirunelli in Wynaad, and there 764 dispose of them in the same manner. The bones or 769 ashes of any one having been taken to Gaya and there 613 deposited in the river, the survivors of the taravād have

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mouth. With the breaking of a cocoanut, and the offering of some powdered rice, betel leaf, areca nut, etc., the body is taken to the pyre. The members junior to the deceased go round the pyre three, five, or seven times, throw paddy and rice over the dead body, put scantlings of sandal wood, prostrate at the feet of the corpse, and then set fire to the pyre. When the body is almost wholly consumed, one of the male members carries a pot of water, and, after making three rounds, the pot is broken and thrown into the pyre. The death of an elderly male member of a family is marked by udakakriya and sanchayanam, and the daily bali performed at the bali kutti (altar) planted in front of the house, or in the courtyard in the centre of the house, where there is one. The Ashtikurissi Nāyar officiates as priest at all such obsequies. On the morning of the fifteenth day, the members of the family wear cloths washed by a Vēlan, and assemble together for purification by the Nāyar priest, both before and after bathing, who throws on them paddy and rice, and sprinkles the holy mixture. The Elayad or family purōhit then performs another punnayaham or purification, and on the sixteenth day he takes the place of the priest. On the evening of the fifteenth day, and the morning of the sixteenth day, the purōhits and villagers are sumptuously feasted, and presents of cloths and money are made to the Elayads. In the Chittūr tāluk, the Tamil Brāhman sometimes performs priestly functions in place of the Elayad. Dīksha is performed for forty-one days, or for a whole year, for the benefit of the departed soul. This last ceremony is invariably performed on the death of the mother, maternal uncle, and elder brother."

In connection with the habitations of the Nāyars, Mr. Fawcett writes as follows. "A house may face east or

776 [782] day of Makarom (January-February), and on some Tuesdays and Fridays. Kolam-tullal, Velan-pravarti, Ayiramaniyam-tullel, Chavuttu, Tila-homam, and a host of other ceremonies are performed with a view to propitiate spirits, and the assistance of the Kaniyans [825] and Vēlans is largely sought. Serpents, too, whose images are located on the north-western side of most gardens in Central and North Travancore, receive a [821] large share of adoration. The sun is an object of [782] universal worship. Though the Gayatri cannot be studied, or the Sandhyavandanam of the Brāhmans performed, an offering of water to the sun after a bath, to the accompaniment of some hymn, is made by almost every pious Nāyar. The Panchakshara is learnt from 538 an Ilayatu, and repeated daily. A large portion of the [517] time of an old Nāyar is spent in reading the Rāmayana, Bhagavata and Mahābharata, rendered into Malayālam by Tunchattu Ezhuttachhan, the greatest poet of the Malabar coast. Many places in Travancore are pointed out as the scene of memorable incidents in the Rāmayana and Mahābharata. There are many temples, tanks, and mountains connected with Rāma's march to the capital of Rāvana. Equally important are the singular feats said to have been performed by the five Pāndavas during the time of their wanderings in the jungles before the battle of Kurukshetra. Bhima especially has built temples, raised up huge mountains, and performed many other gigantic tasks in the country. There are some village temples owned exclusively by the Nāyars, where all the karakkars (villagers) assemble on special 623 occasions. A very peculiar socio-religious ceremony per- 178 formed here is the kūttam. This is a village council, 574 held at the beginning of every month for the administration of the communal affairs of the caste, though, at

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the present day, a sumptuous feast at the cost of each villager in rotation, and partaken of by all assembled, and a small offering to the temple, are all that remains to commemorate it. Astrology is believed in, and some of its votaries are spoken of as Trikalagnas, or those who know the past, present, and future. It is due to a curse of Siva on the science of his son, who made bold by its means to predict even the future of his father, that occasional mistakes are said to occur in astrological calculations. Sorcery and witchcraft are believed to be potent powers for evil. To make a person imbecile, to paralyse his limbs, to cause him to lavish all his wealth upon another, to make him deaf and dumb, and, if need be, even to make an end of him, are not supposed to be beyond the powers of the ordinary wizard. Next to wizardry and astrology, palmistry, omens, and the lizard science are generally believed in. In the category of good omens are placed the elephant, a pot full of water, sweetmeats, fruit, fish and flesh, images of gods, kings, a cow with its calf, married women, tied bullocks, gold lamps, ghee, milk, and so on. Under the head of bad omens come the donkey, a broom, buffalo, untied bullock, barber, widow, patient, cat, washerman, etc. The worst of all omens is beyond question to allow a cat to cross one's path. An odd number of Nāyars, and an even number of Brāhmans, are good omens, the reverse being particularly bad. On the Vinayaka-chaturthi day in the month of Avani, no man is permitted to look at the rising moon under penalty of incurring unmerited obloquy.

"The chief religious festival of the Nāyars is Ōnam, which takes place in the last week of August, or first week of September. It is a time of rejoicing and merriment. Father Paulinus, writing in the latter half of the